BARNARDOS

YOUNG CARERS AND SIBLING SUPPO SERVICE

Do you offer care and support to a family member with a disability, condition or illness?

Are you aged between 5 and 18 and living in Barnsley?

Does offering this care and support mean you do not have time to play, see your friends, complete homework or do the things you like to do?

The Young Carers and Sibling Support Service can offer you support through one to one or group sessions.

We can offer you support in emotional wellbeing, coping strategies and self-care. All sessions take place in a safe space and environment that is best suited to you.

Contact us and request a referral form -



Barnardo's Priory Family Centre **Priory Centre** Pontefract Road Lundwood Barnsley



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