

Barnardo's Training and Consultancy Brochure 20-21

At Barnardo's, we work directly with 300,000 children, young people, parents and carers every year and run over 1000 vital services across the UK. We understand the difficulties organisations are facing in times of continuous change and where services are coping with increased demands and competing priorities. Barnardo's Training and Consultancy provide **high quality** training and consultancy that supports commissioners to deliver safe services and have a skilled, knowledgeable workforce. Our delivery has a clear focus on listening to **the voices of children and young people and child centred**, promoting young people's well-being, and safeguarding them from harm.

We pride ourselves on wanting to really understand commissioner requirements and providing solutions which improve the lives of the most vulnerable children and young people. We bespoke our **evidence based training** for each commission in line with **contemporary safeguarding practice** with the **most up to date research** and legislative requirements.

We have a strong reputation in the children's services sector for our Training and Consultancy provision. We also have a well-established business model which includes a core team of salaried staff and a pool of Associates; our consultants are properly vetted, inducted and supported. We are experienced in working on a collaborative basis tailored to the needs of a situation and approach work by seeking to combine the well-recognised expertise of the commissioner with Barnardo's considerable experience in safeguarding.

We hope you find this information useful and that it gives you an insight into how we might be able to help you. If you would like to discuss your needs and explore the potential to commission our training please contact us for training via training@barnardos.org.uk or for consultancy email our Head of Business Julie.dugdale@barnardos.org.uk.

Training and Consultancy needs in the context of Covid-19.

As Barnardo's we understand that the need for training support for staff is perhaps higher than ever before but solutions need to be different. We are able to offer a range of online solutions to you so you can continue to support the learning and development needs of your workforce as well as staff care and support. Our Training arm of the business can provide a range of solutions online including facilitated groups, hosted classrooms, webinars and e-learning solutions.

We also understand that organisations are facing new challenges in respect of safeguarding children; the nature of risks emerging may be changing, vulnerabilities are increasing, your staff providing services have added pressures and increased support needs whilst managers are facing the challenge of constant change. Managing safeguarding risks in this context is as important as ever before. Barnardo's are able to offer independent advice and consultancy support at this difficult time.

Barnardo's Consultancy

Barnardo's undertake specialist safeguarding consultancy work; our ring fenced team of Consultants are readily available to undertake this work, and are able to draw on specialist expertise and capacity from across our children's services. We have substantial experience of undertaking safeguarding consultancy in a range of settings. We pride ourselves on wanting to really understand the particular requirements of each commissioner and believe the best results will be obtained through working in partnership to understand the context and challenges faced and to find solutions that will make a real difference. We have a good appreciation of the current challenges faced by organisations in the context of Covid-19 in supporting vulnerable groups. As new safeguarding challenges emerge we are ready to offer our independent support.

Collaborating to successfully deliver consultancy support through Covid-19

We are successfully completing work remotely during the Covid-19 pandemic, including completing desk top reviews, and holding focus groups and interviews on line.

Our consultancy work includes :

- Independent reviews of practice
- Safeguarding audits
- Safeguarding strategic reviews
- Case reviews
- Policy development and review
- Independent evaluations
- Independent management investigations

Evidence of our effective consultancy work with some of our customers

Barnardo's consultancy has been commissioned by a number of national and UK based bodies to audit, review and improve their safeguarding arrangements regarding children and young people. Our consultancy work has proven success in national government, local authorities, LSCB's, sports sector, public and independent schools, charities, early years and youth organisations.

Barnardo's commitment to work in partnership - Barnardo's team are committed to ensuring we have a good understanding of your identified needs before developing a project plan and mobilising quickly to commence work. We would hold an initial discussion regarding your requirements at the outset.

Barnardo's approach:-

Barnardo's use a project management approach, setting clear timelines and agreeing a process with identifiable stages, each with particular areas of focus. Barnardo's Consultants report to and are supported by our Head of Business.

Please Contact us: - Julie.dugdale@barnardos.org.uk

Julie Dugdale, Head of Business, Barnardo's Training & Consultancy

Barnardo's Training

Our training arm of the business delivers over 700 safeguarding training days a year for providers in the private, public and voluntary sector. We have substantial experience in managing numerous large scale contracts working nationally and locally. We are able to design and deliver online solutions including e-learning, pre-recorded sessions with facilitated classrooms and groups, and webinars.

Working together to successfully deliver training online during Covid-19

We are successfully designing and delivering bespoke training remotely during the Covid-19 pandemic, including webinars, facilitated classrooms, pre-recorded sessions and e-learning.

Barnardo's commitment to work in partnership - Barnardo's team are committed to ensuring we have a good understanding of your identified needs and are able to organise and schedule our Training provision in accordance with commissioner's needs. We would be pleased to hold an initial discussion regarding your requirements at the outset.

Barnardo's approach:-

Barnardo's will agree outcomes and outputs for any learning opportunity and will be clear about the best methodology for delivery. Our Training Consultants are supported by and report to our Training Manager.

We pride ourselves on wanting to really understand commissioner requirements and providing solutions which improve the lives of the most vulnerable children and young people. Our **evidence based training** is **bespoke** to each commission and in line with **contemporary safeguarding practice** with the **most up to date research** and legislative requirements.

Our training brochure can be provided on request.

We offer accredited and endorsed programmes by CPD.



This Brochure provides information on the sort of programmes we **currently offer** as training solutions. We also design and develop bespoke courses based on your needs as an organisation. We hope you find this information useful and that it gives you an insight into how we might be able to help you.

Please Contact us:

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Safeguarding and Protecting Children and Young People

Initial Safeguarding & Protecting Children and Young People

This course gives an introduction into safeguarding and protecting children and young people. Its main emphasis is to give learners basic knowledge and understanding in what safeguarding practice means, their role and responsibility and how to keep themselves and service users safe.



Child Protection Level 1

This course is for learners working with children and will pay particular emphasis in recognising the signs of abuse and how to work within legislative and local policies and procedures and demonstrate the importance of multi-agency working.



Child Protection Level 2

This is a 2 day course for staff which will use the framework of the learning cycle to look at key issues when working with children and young people in a safeguarding context and provide a range of evidence based tools and learning to support decision making on children & young people safety.



Child Protection Level 3 – Effective and Reflective Supervision & Risk Management

This 3 day course gives specialist insight into safeguarding and protecting children and young people for managers or designated leads on the role of reflective supervision as tool to supporting effective safeguarding practice. Its main emphasis is to give learners the knowledge and skills to supporting the undertaking of assessments when children may be at risk, and support the staff they manage.

Child Protection for Designated Safeguarding Leads

This interactive training course will provide learners with the skills and knowledge they need to act appropriately and with confidence when responding to staff & volunteers in their organisation that will promote the protection of the children they are working with in a designated lead child safeguarding role.

Child Protection for Senior Managers

This course gives specialist insight into safeguarding and protecting children and young people for senior managers. Its main emphasis is to give learners the knowledge and skills to fulfil the legislative requirements and organisational policy and practice to keep children and young people safe from harm. The thread throughout the training will be keeping the young person at the centre and how best to support direct workers, taking learning's from recent serious case reviews and other safeguarding enquiries within your given sector.



Safeguarding and protecting disabled children and young people

This safeguarding course gives specific focus on the issues and challenges faced in the relation to abuse for disabled children and young people and the roles and responsibilities to keep them safe from harm.

Adults at Risk: Making Safeguarding Personal

This ½ day training course provides learners with an introduction into safeguarding adults. The content will address definitions on working with adults in a safeguarding context. This course will be in line with the four nation's legislative frameworks, such as The Care Act 2014 (England) & Social Services & Wellbeing Act 2014 (Wales).

Understanding Trauma Informed Care

This course lays the foundations for creating a trauma informed culture across an organisation, enabling all staff to become part of the community shift ensuring an inclusive value base. This is a basic introductory programme relevant to all staff regardless of role.

Developing Trauma Informed Practice

This course creates the building blocks (or bricks) for a Trauma Informed organisation. Practitioners will look at strategies for direct work and delivery methods that are rooted in trauma informed theory. The programme considers in far greater depth the impact of trauma on the developing child. It is aimed at practitioners whose role is to work directly with children and young people.

Building Trauma Informed Organisations

This is a practical workshop enabling reflection of current practice and the development of a sustainable framework of structures and systems that promote the building and growing of a Trauma Informed Organisation. This level is relevant to a range of services and organisations who deliver services to children. This might include some mental health services, substance misuse services, specialist 3rd sector organisations, and some prison or homelessness services.

Learning from Local Child Safeguarding Practice Reviews (previously SCR's)

The purpose of local child safeguarding practice reviews is to identify the improvements that should be made locally to safeguard and promote the welfare of children (both collectively and individually). This means that learning must be at the heart of all reviews and should seek to prevent or reduce the risk of recurrence of similar incidents. This course will provide participants with the evidence based research to put this learning into practice to safeguard children & young people.

Child Sexual Abuse (CSA) – Introductory Programme

Sexual violence or abuse against children represents a major public health and social welfare problem within UK society, thought to affect about 18% of children under 16, that is over 2 million children. We also know that sexual violence or abuse against children is greatly under-identified and reported. Using current research this introductory programme will equip practitioners with background information about the sexual abuse of children and assist them to build and refine skills in recognising and responding to this form of abuse.

Child Sexual Abuse and Safety Planning

This is a training programme for practitioners who have attended basic or introductory programmes about child sexual abuse. The programme explores the impact of trauma on children who have experienced abuse and also explores the notion of safety planning. Despite professional and family concerns, child or adult perpetrators of sexual abuse may remain in or return to the family home and have access to the child or children whom it is known or suspected they have abused. In these circumstances professionals and non-abusing family members need to find ways of keeping the child (ren) safe. Whilst child protection plans are intended to support change in the family over a longer period, safety plans are the agreed arrangements for managing and controlling immediate risks.

Recognising and Responding to Emotional Harm

Emotional abuse is the ongoing emotional maltreatment of a child, sometimes called psychological abuse, it can seriously damage a child's emotional health and development and yet it is extremely difficult to detect or to prove in a court of law. This introductory programme explores the challenges of recognising and responding to this form of abuse in ways which secures the best outcomes for children.

Neglect

Neglect is present in over 70% of SCR's (Brandon et al); this course is a basic programme aimed at expanding knowledge and upskilling of learners about the neglect of children; its impact and the challenges for professionals in responding effectively to concerns. This introductory programme explores the challenges of recognising and responding to this form of abuse in ways which secures the best outcomes for children.

Introduction to using the Graded Care Profile as a tool for assessing Neglect

This training programme introduces the Graded Care Profile as tool for use in multi-agency teams or by individual practitioners to measure and target the quality and level of care given to children by their parents.

Decision-making when working with children and families

At a time when accountability and the avoidance of risk are increasingly demanded of practitioners, the ability to make informed and reasoned professional decisions is essential. This programme explores professional decision-making in work with families including the role of evidence and professional wisdom. The course will examine the use of hypotheses in making decisions and the ease with which professional biases can develop.

Survival Tools for Professionals/Teams working with Children and Young People

This programme is aimed at individual practitioners or teams who work directly with children and young people. It offers strategies which can be employed to counteract, at least to some degree, the challenges and frustrations of working in environments beset by increased demands for services and diminishing resources.

Physical Harm

This course is a basic programme aimed at expanding knowledge and upskilling of learners about the physical harm and abuse of children; its impact and the challenges for professionals in responding effectively to concerns. This introductory programme explores the challenges of recognising and responding to this form of abuse in ways which secures the best outcomes for children.

Understanding children and young people who display sexually harmful behaviours

Harmful sexual behaviours have become a growing area of concern in all sectors including the Education sector (DfE report on children & young people who display HSB in schools & colleges, December 2017).

This course will provide learners with the knowledge and aim to up skill learners to effectively understand and identify behaviours of children and young people who display sexually harmful behaviours.

We can bespoke this to consider 'Peer on Peer' and within a Contextual Safeguarding Framework.

Working with the Polish Community: Safeguarding Polish Children Awareness (Members of the children's and adults workforce within external organisations working with the Polish community)

This is a creative training programme to raise the awareness of safeguarding Polish children. The course will develop the skills and knowledge to engage effectively with the Polish community in the UK.

Working with the Polish Community: Safeguarding Polish Children Awareness (Members of the children's or adult workforce within the Polish Community)

This training course is designed to assist staff working within the Polish community to improve outcomes for children in being safe from harm. The course looks at services that can support workers, and enables them to connect their support for families.

Reflective Supervision Skills – 2 day

This is a 2 day course aimed at equipping supervisors with a child centred restorative & reflective approach to supervision. This course is an evidenced based supervision programme to give supervisors the skills, knowledge and frameworks required to supervise in all sectors.

Supervision Skills for non-case work managers

This is a one day course aimed at equipping managers with the skills and knowledge to supervise staff with no case work responsibilities. This is ideally aimed at managers of administration, volunteers, office staff etc.

Supervision of volunteers

This course is designed to equip managers of volunteers to effectively provide them with quality supervision. It specifically looks at roles and responsibilities and the functions of supervision.

Peer on Peer Abuse and Contextual Safeguarding

This course has been design to support the holistic safeguarding needs of children and young people. Professionals need to be equipped with the knowledge and skills to recognise how children and young people may harm one another and be aware of the extent of environments where abuse can be perpetrated.

This training will explore theoretical models to support the work of professionals in safeguarding beyond the child's family. It will enable practitioners to develop strategies that will effectively respond and ultimately prevent peer on peer abuse in a wider scope of settings.

Safe Working Practice for those working with children and young people in the sports sector

This course has been designed to provide those working with children and young people in the sports sector. It will provide staff with the opportunity to reflect on their safeguarding role and responsibilities in the light of developing practice and procedure, and safe working practice. The course will define the expectations of good professional conduct and how to keep themselves and children and young people safe.

Disguised Compliance

Disguised Compliance has been a frequent issue in a number of high profile Serious Case Reviews recently. This course will help learners to understand what we mean by disguised compliance and some of the tools available for practitioners to help identify and work with families where disguised compliance may be an issue.

Safeguarding Through Relationships

This course offers the opportunity for participants to begin by reviewing and identifying the strengths and weaknesses of current safeguarding practice within their service whilst also enhancing their ability to assess the risks and vulnerabilities for young people. The second component of the learning considers the role of the secure base model in promoting and safeguarding the welfare of children and young people in their care.

A secure base is provided through a relationship with one or more attuned, sensitive and responsive attachment figures who meet the child or young person's needs, enable them to explore and enjoy their world and act as a safe haven to whom the child can turn, when upset or anxious.

Beek and Schofield developed 'The Secure Base Model' to provide a "framework for caregivers and for those who support them to think in more detail about the different but connected caregiving approaches that can help a child to move towards greater security." It is a positive, strengths based approach and research (Beek and Schofield 2004) has shown that, "over time, positive caregiving across the five defined dimensions provides a secure base from which the child or young person can explore, learn and develop."

Course participants are thus invited to develop their ability:

- To utilise secure base concepts to enhance the care provision for children and young people
- To promote the development of an emotionally sensitive working environment
- ensure staff support through Secure Base Teams

Child Sexual Exploitation (CSE)

CSE E- Learning

We know that sexual exploitation can have a serious long term impact on every aspect of a child or young person's life, health, education and relationships. It also significantly damages the lives of families and carers. This e- learning training course will raise basic awareness of CSE.

CSE E- Learning for taxi drivers

We specifically offer an e-learning safeguarding programme that has been designed for license taxi & private hire vehicle via their local council Licensing Services on CSE & safeguarding vulnerable persons.

Child Sexual Exploitation Awareness

This purpose of this programme is to equip practitioners with knowledge and an increased awareness about the sexual exploitation of children and young people. The course will include information about definitions, recognition and the roles and responsibilities of agencies in responding and reporting CSE when it is known or suspected.



Child Sexual Exploitation Level 2

This bespoke training offers advanced learning around CSE. It enables the practice & learning

experience of our consultants, services and wider research links, including training on investigative good practice around CSE to be facilitated to learners within the overall course.

Child Sexual Exploitation Level 3

This training course will specifically support practitioners and managers in working directly with children in identifying, protecting and preventing CSE. Working with intensive case intervention utilising effective models of practice we will understand all aspects of CSE, Barnardo's 4A's model and how this links with neuroscience, adolescent brain development, attachment and trauma. This will ensure our service delivery to extremely vulnerable children incorporates practice that utilises the most up to date research, our years of case work practice and will maintain our understanding and expertise in the area of CSE.

Nightwatch – The Night Time economy

Research has highlighted the specific risks to children & young people from CSE in the night time economy; including fast food restaurants, hotels & taxi services. This course is aimed at staff who work in those sectors to enable them to recognize and respond to vulnerable persons who they may see at as risk.

Domestic Abuse

Domestic Abuse and its impact on Children and Families

This course gives special emphasis on the impact of domestic violence on infant mental health including the attachment process. Emerging research about the impact of domestic violence on young people including risk factors associated with dating violence and the links with child sexual exploitation.

Introduction to Barnardo's Domestic Abuse Risk Assessment for Children (DARAC) – Train the Trainer

The DARAC is the England version of the DVRAC (Domestic Violence Risk Assessment for Children) and is based on the Domestic Violence Risk Index Matrix (DVRIM) developed by Barnardo's in Northern Ireland.

In 2015 Barnardo's Northern Ireland began revising the DVRIM. Barnardo's BTC Service were trained on the new DVRAC and have designed a three day Train for Trainers course to promote the facilitation of the DARAC (England version of the DVRAC) to support local authorities etc. to up skill their work force on use of the DARAC for their assessment of domestic abuse.

This Domestic Abuse Risk Assessment for Children (DARAC) tool can be used by professionals who are undertaking an assessment of the risks to children living in a home where domestic violence has already been identified. They should have undertaken the training provided by Barnardo's in how to administer and interpret the tool. In addition we can also offer a one day briefing on understanding and application of the DARAC for practitioners as an assessment tool.

Female Genital Mutilation (FGM) and Breast Flattening

This training is provided by our team from Barnardo's FGM Centre of Excellence:



CPD Advanced Accredited Female Genital Mutilation

Barnardo's National Female Genital Mutilation Centre offers a one-day or half day CPD advanced level training to build on professionals' existing safeguarding knowledge and skills to enable them to act appropriately and with confidence to protect girls from FGM and breast flattening, and support those who have already been subjected to the practice. The training can also be bespoke to your setting.



CPD Intermediate Accredited Whole school approach to Female Genital Mutilation approach and breast flattening – are you Ofsted ready?

Ofsted and the Department of Education are increasingly looking at how schools are safeguarding girls against FGM and breast flattening. To support schools to meet their statutory requirements, the National FGM Centre offers a half day CPD intermediate training aimed equipping schools with the knowledge and skills to act with confidence to protect girls from FGM and breast flattening, and support those who have already been subjected to the practice. The Centre can also offer bespoke sessions.

Train the Trainer - Female Genital Mutilation

This training course will equip accredited Trainers to deliver the FGM training programme within their own Organisations settings. The emphasis will be to increase the learners knowledge, skills and confidence to deliver the National FGM Centre's half and full day accredited training.

FGM Assessment Tool for Social Workers

The National FGM Centre's FGM Assessment Tool is an innovative and easy tool for social workers to use, which is complementary to current assessment methods, and enhances professional judgment by enabling holistic thinking about safety and risk factors. The FGM Assessment Tool is based on the three domains of the social work assessment triangle and comprises of:

- A comprehensive guidance on FGM covering what it is, the law (including immigration issues), genograms and other activities and questions to use with families

An online assessment tool which enables social workers to assess the FGM case, reflect on the recommendations and put safety plans in place.

Additional courses are presently being developed and subject to CPD, including a Harmful Practices e-learning programme.

Bullying, Conflict Resolutions and Reparation

This course is designed to assist learners and build their confidence when dealing with bullying. It will pay specific emphasis on providing strategies and building the skills required.

Making effective plans to safeguard children and young people

Formulating and implementing plans to protect children and keep them safe is a key social work task. This programme will examine how to build effective plans for children which lead to improved outcomes, even given the restraints of local IT systems.

Child Development & Attachment

This training course enables learners to be able to critically evaluate theory / evidence based research findings and demonstrate informed use in practice of: what is typical age related physical, cognitive, sexual, social, emotional and behavioural development, what is not, and to apply this within the assessment process. Also, learners will understand that normative developmental tasks are different for each child depending on the interaction between environmental and genetic factors e.g. chromosomal disorders, temperament, IQ, attention difficulties, the impact of ill-health and disability, learn about the application of a range of helpful strategies and resources, to support children and families where there are difficulties

Early Help Assessment

This is a half day course looking at the Early Help Assessment process approach to service provision, looking at thresholds for services and pathways to service provision for different levels of needs. The course will look at assessment, action planning and when to refer for support regarding complex cases. The course will also raise considerations of consent, use of the vulnerability matrix, and highlight the different tools and documents that are available to support the to Early Help Assessment process. This course is suitable for anyone who is looking to undertake Early Help Assessments as part of their role.

Voice of the Child

Following learning from serious case reviews, the voice of the child is paramount in understanding best practice in regard to safeguarding children and young people. This course explores the skills and knowledge required to both capture and record the voice of the child within assessments and practice decisions.

Professional curiosity

Following learning from child safeguarding case reviews, the question of whether practitioners have exercised curiosity is paramount in understanding best practice in regard to safeguarding children and young people. This course explores the skills and knowledge required to enable participants to develop professional curiosity and the exercising of courageous questions within assessments and practice decisions.

Effective Multi Agency Working

This course provides part of the core requirements for all staff working with children and young people to understand how agencies can effectively work together to safeguard children and young people.

Recording Skills for practitioners

This course will provide learners with knowledge and skills to have quality recording of casework with the children, young people and families. The course will pay particular emphasis on the quality of content whilst also working within policies and procedures and recording using outcome focused processes.

Producing Records and Reports

This course will enable practitioners to develop required technics and skills for the production of quality reports within their practice role in order to demonstrate that good quality decision making has been made.

Recording Skills for Managers

This course gives special emphasis on the responsibilities of Managers in relation to recording, good practice and policy guidance.

Motivational Interviewing Skills

This training course increases the knowledge in motivational interviewing skills whilst applying within a change cycle model. This is a practical based course giving emphasis on the application and development of skills through the use of case studies and self-reflection.

Solution Focused Practice

This course will assist learners to work with children, young people and families using the solution focused framework. It will allow learners to increase their knowledge and give the opportunities to develop skills.

Stronger Families

ADHD Parenting Factor –endorsed programme

‘The Parent Factor in ADHD’ Facilitators 2 day training programme has been developed to provide practitioners with the skills, knowledge and resources (including a copy of the practitioners manual) to deliver ‘The Parent Factor in ADHD’ parenting programme to parents in their area. The programme has been written specifically for parents of children aged up to 16 years who have a clinical diagnosis of Attention Deficit Hyperactivity Disorder (ADHD): that is they have received their diagnosis from a specialist medical professional/clinic. To deliver this programme, practitioners will need to attend a two-day endorsed Facilitator’s Learning Programme.

Strengthening Families

Strengthening Families is the model by which Child Protection Conferences can be conducted. This half day workshop will help learners understand the process and the terminology used in conferences.

Transition of roles with a Children Centre practice model to include wider family support model

The course will look at professionals’ roles and relationships with family members, explore issues of power and conflict management, and look at effective strategies for working confidently with these families on a multi-agency basis.

Awareness of challenges when working with parents

The course will look at professionals' roles and relationships with family members, explore issues of power and conflict management, and look at effective strategies for working confidently with these families on a multi-agency basis.

Family Support Worker Modular programme

Developing good professional relationships with children and families who might need additional help to thrive is at the core of every Family Support Worker's role. This 4 day course builds on existing knowledge and skills to enhance the Family Support Worker's ability to work more effectively by introducing theory that is then reinforced through models of practical application.

The overarching theme of the course examines how early childhood experiences impact on later life and how an understanding of the links between brain development, attachment and trauma can enable reflective practice from a point of awareness. This in turn will shape better outcomes for the children in families needing support.

Positive Futures



Personal Advisors programme

This modular CPD accredited training programme is specifically targeted at personal advisors who work with young people who are or have been in care. The programme focuses on upskilling Personal Advisors and improving care leavers experiences in:-

- Accommodation and Life Skills
- The impact of child and adolescent development
- Education, employment, training and skills
- Mental Health
- Offending and Custody
- Partnership working
- Pathway Planning for Young People Leaving Care
- Recording and Communication
- Transition
- Unaccompanied Asylum Seeking Children

Foster Carers

Safeguarding and Protecting Children and Young People

This course is designed to give foster carers the knowledge and understanding of their roles and responsibilities on safeguarding and protecting children and young people in their care.

Safeguarding and Protecting Disabled Children and Young People

This safeguarding course gives specific focus on the issues and challenges faced in the relation to abuse for disabled children and young people.

Protective Behaviours

This course is designed to give foster carers the knowledge and understanding of what protective behaviours are, and how to apply them in practice.

Preparing for Independence

This course is designed to support foster carers preparing young people with practical, emotional and relational skills for a positive and successful transition to adulthood and independence

Life Story Work

This course will enable Foster Carers to understand and commit to a Life story approach that will seek to integrate children's past, present and future, and promote an understanding the principles of life story work

E-Safety

This course will enable foster carers to develop their knowledge and understanding of e-Safety in relation to young people. The course will raise awareness of the issues facing young people, and allow them to feel confident in their ability to give guidance on the use of technologies in a safe and appropriate manner

Supervised Contact

This course will enable foster carers to develop their knowledge and understanding of e-Safety in relation to young people. The course will raise awareness of the issues facing young people, and allow them to feel confident in their ability to give guidance on the use of technologies in a safe and appropriate manner.

Child Sexual Exploitation

This course will increase the awareness of foster carers in relation to child sexual exploitation. It will equip them with skills to identify and respond to it.

Child Development

This course will provide foster carers with a good knowledge and understanding of child and teenage development pathways in order to assist them in their observations and assessments of children and young people, and ultimately improve outcomes.

Managing Challenging Behaviour

This course will give foster carers an understanding and strategies in managing challenging behaviour.

Care Planning, Placement and Review

This course will allow participants to consider the practice issues for allocated Social Workers arising from the Care Planning, Placement and Review regulations; and to enable an understanding that the Voice of the Child is integral to effective care planning for looked after children

Attachment Theory

This course will allow participants to explore creative ideas, resources and approaches to support foster carers to understand and utilise attachment theory in their day-to-day.