



How do I refer?

We currently accept referrals directly from allocated social workers and YPAs.

Please contact us to discuss any potential referrals - our details are on the back of this leaflet. We will provide you with an electronic referral form for you to complete and return to us by email.

Once the case has been accepted, logged and allocated, the worker will contact you to arrange a planning meeting.

We work with children and families in a confidential manner and in line with our robust safeguarding policies. We will provide a monthly Activity Report with a summary of work undertaken.

We clearly communicate our complaints policy and procedure to all of the children, young people and families who we support.

If, as a professional and/or referrer, you have any complaints or would like to make any comments about our service please contact the service manager using the details above, or use your organisation's internal procedures.

Contact details

Wolverhampton Star Service
The Old Bank Business Centre,
Church Street,
Wednesbury,
WS10 8DU

Service Manager: Laura Colley

T: 01902 937310

E:

WolverhamptonSTARservice@barnardos.org.uk

In partnership with



www.barnardos.org.uk

Barnardo's Registered Charity Nos. 216250 and SC037605



Barnardo's Wolverhampton Star Service

Working therapeutically to support children and families on the edge of care as well as children in care and those who are care leavers.

Incredible things happen when we believe in children.

Believe in children
 **Barnardo's**

The Barnardo's Wolverhampton Star Service is a support service working therapeutically to support children and families on the edge of care as well as children in care and those who are care leavers.

We work with children and families for a period of up to 6 months to improve outcomes and to help individuals to reach their full potential.

Our work takes a relationship-based approach, based on the principles of the ARC framework which centres the importance of Attachment, Regulation and Competency.



From the point of allocation, we work with the referring social worker or YPA to formulate an outcome-focused plan which ensures we are working collaboratively and to meet any gaps in any current support or planning. Once this is in place, and the family have given their consent, the work usually involves regular one to one and/or family sessions.

Our approach to engagement ensures that children and families:

- o Feel safe
- o Feel listened to
- o Feel they have an adult to trust
- o Feel they have choices

Our intervention is child-centred and as such does not follow a prescribed programme. The initial phase is focused on engagement, providing opportunities for children to feel safe and for us to build an attuned relationship.

Our sessions can focus on what is important for individuals and families. We have supported children, young people and families to:

- ~ develop an awareness and understanding of feelings, physical body responses and connected thoughts and behaviours.
 - ~ better understand behaviour through a trauma-informed lens and to build strategies that support communication.
 - ~ explore the impact of past experiences on current issues and to share positive parenting approaches.
 - ~ feel safe and empowered to raise and work through issues that feel important, supporting the development of helpful and safe tools to encourage coping and regulation.
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Our team are trained in a variety of approaches and evidence-based interventions (eg, Trauma Informed Practice, DDP Level 1, ARC Framework, Neurosequential Model, The Decider Skills, Level 3 Counselling & Systemic Practice) and have regular clinical supervision with an experienced therapist.

We adopt an integrative approach which ensures that children and young people remain at the centre of the work. Through a combination of age/stage appropriate creative and psychoeducation activities we will focus on providing opportunities for children to explore and speak openly about their feelings and experiences in a safe environment.
