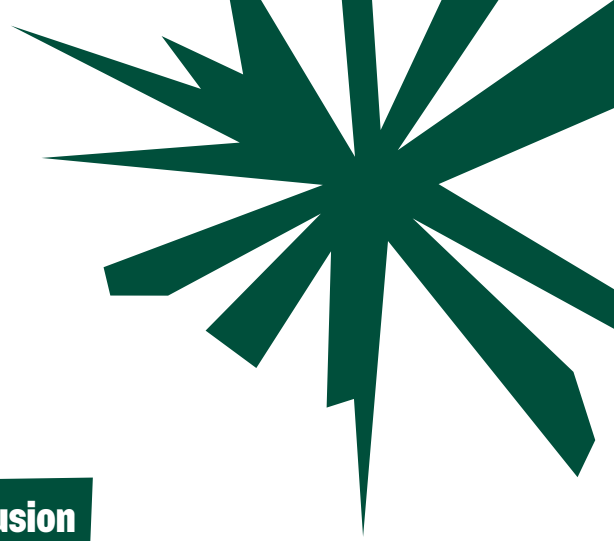


# RESPONSIBLE GAMBLING



## Society Lottery Self-exclusion

If you're worried about your gambling or would like to take a break, you can ask us to stop you entering our lotteries and stop sending you gambling related marketing. This is called self exclusion.

You can self exclude for six months up to five years. During this time, we won't accept any entries from you, and you won't receive any gambling related communications. After your exclusion period ends, the block will remain for another seven years unless you tell us you want to take part again.

If you also gamble online, you may wish to register with **GAMSTOP** at [www.gamstop.co.uk](http://www.gamstop.co.uk), the national multi operator self exclusion scheme.

For free, confidential help with gambling concerns, you can contact:

- **BeGambleAware** – [www.begambleaware.org](http://www.begambleaware.org)
- **GamCare** – [www.gamcare.org.uk](http://www.gamcare.org.uk)
- **Gamblers Anonymous** – [www.gamblersanonymous.org.uk](http://www.gamblersanonymous.org.uk)

## Self-exclusion

- fill in the form below.
- we will update your records within two days of receiving your self-exclusion form.
- we will close your society lottery account and stop sending you marketing material related to gambling.
- if we hold money in your society lottery account, we will return it to you.
- we will put your name and details on a self-exclusion register.
- the self-exclusion will apply to all our society lottery products.
- you must choose to self-exclude for a specific period, anywhere between six months and five years.
- you cannot cancel the self-exclusion until the end of your chosen exclusion period.
- you can extend your period of exclusion in six-month periods.
- we will not send you any gambling related marketing materials or allow you to restart playing in our lotteries during the seven-year follow-up period unless you ask us to.
- if you want to end your self-exclusion during the seven-year follow-up period, you must request a restart gambling form from the Supporter Care Team. You can contact the Supporter Care team via email: [supportercare@barnardos.org.uk](mailto:supportercare@barnardos.org.uk), phone: 0300 003 2025 or post: Supporter Care Team, Barnardo's, Tanners Lane, Ilford, Essex, IG6 1QG.
- you must send your completed restart gambling form back by post to: Supporter Care Team, Barnardo's, Tanners Lane, Ilford, Essex, IG6 1QG. The completed form is your formal authority to cease the self-exclusion agreement.
- you will have a one-day cooling off period after we receive your restart gambling form.



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**Name (required)**

First Name (required)

Last Name (required)

**Email (required)**

**Phone (optional)**

**Address (required)**

Address Line 1 (required)

Address Line 2 (required)

City (required)

Postcode (required)

**Player reference number / draw number (optional)**

**Date of Birth (required)**

Using format DD/MM/YYYY

**Period of self exclusion required (required)**

**(required)**

I wish to self-exclude from Barnardo's society lotteries and associated campaigns

**(required)**

I confirm I have read Barnardo's self-exclusion information and understood the consequences of self-exclusion

**Signature (required)**



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