



Mission Statement

We would like all Young Carers in Lancashire to have the freedom to make informed choices about their lives and the level of care that they give.

Our Vision is for all Young Carers to receive appropriate information and support to enable them to feel valued and confident in their caring situation and to develop their own potential.

Our aim is to support, empower and equip Young Carers by ensuring they are recognised as a carer, supported to have a life outside caring, improve mental health and wellbeing and ensure children are protected from harmful caring roles and are thriving.

Contact details

If you wish to contact us for further information or advice, please contact us on:

Barnardo's
Lancashire Young Carers Service
1 Dorothy Avenue
Leyland
Lancashire
PR25 2YA

Tel: 01772 641002
Email: lancashireyoungcarers@barnardos.org.uk



www.barnardos.org.uk

Head Office, Tanners Lane,
Barkingside, Ilford,
Essex IG6 1QG
Tel: 020 8550 8822
Fax: 020 8550 8822

Barnardo's Registered Charity
Nos. 216250 and SC037605

Lancashire Young Carers Service

Believe in
children



Barnardo's



For Young People

If you are:

- under 18 years old,
- significantly affected by caring for someone with a physical, mental health problem and/or drug and alcohol problem,

then the Barnardo's Team can help you.

You will have a named project worker who will be there to listen to you, support you and provide information and advice.

Every Young Carer has a right to an assessment, taking into account the level of caring role and the impact which this has on your daily life. The assessment will enable you to identify any areas of need and support.

We are a friendly and confidential service.



What we do

Our Sessions Can be About:

Talking about the impact of your caring role

Confidence, Self-esteem and Relationships

Understanding the condition of the person you care for

Healthy Lifestyle and Personal Safety

Working together with Schools and Colleges

Hobbies and Interests

Decision Making / Having a Voice

Support for all the family, including referrals to other services

Building Resilience

For Agencies and Professionals

We welcome referrals from ALL agencies. Referral forms can be obtained via email, post, or by contacting a member of our team. Please see reverse of leaflet for details. Referral forms are also available on www.barnardos.org.uk/lancashire-young-carers

We will identify and deliver bespoke programmes of evidence-based support dependent on the Young Person's individual needs, such as one to one sessions, and targeted group work sessions.

We pro-actively promote and support access to services and equip young people with the skills to make informed decisions.

We are commissioned by Lancashire County Council and East Lancashire Clinical Commissioning Group, and have a duty to ensure all Young Carers are offered a Young Carer Assessment.