

Believe in
children



Barnardo's
Northern Ireland



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Director's Welcome

I am very proud to be the Director of Barnardo's Northern Ireland. Dr Thomas Barnardo founded this charity in 1866 with the simple philosophy that every child deserved the best possible start in life and that is still at the heart of Barnardo's work today. Our core aims are to provide safer childhoods, stronger families and positive futures.

Through the pages of this directory you will discover the breadth and scope of our work in Northern Ireland from fostering to supporting refugee families, to providing



a range of educational support programmes. We also actively champion children's rights.

We couldn't do all this without our dedicated staff, our volunteers and the support we receive from donors, funders and the income generated from our shops. Together our collective aim is to make positive and long lasting differences in children's lives.

I hope you will find this directory useful. For further information please visit: **Barnardos.org.uk/northernireland**

Lynda Wilson CBE
Director Barnardo's NI

Did you know?

Barnardo's NI:

- Supports over 10,000 children, young people & families.
- Provides 50+ services for children & young people.
- Delivers educational support programmes in over 200 schools.
- Has 500 volunteers.
- Operates 30+ shops.



- Manage educational support programmes aimed at building resilience and social and emotional well-being.
- Has an Advice Line for parents/carers supporting bereaved children:
T: 028 9066 8333.
See Child Bereavement Service p.11.
- Provides a professional fostering service. See Barnardo's Fostering Service p.11.
T: 028 9065 2288
www.barnardos.org.uk/fostering.



Children's Services & Programmes

ADHD Support Service

Provides up to three home support sessions to families of children with a diagnosis of ADHD (Attention Deficit Hyperactivity Disorder) living across the Northern Health & Social Care Trust. Support is available at the point of diagnosis to children aged 6-15 years. Referrals are accepted from the NHSCT's Paediatric Specialist Behaviour Service.

36a Westland Road
MAGHERAFELT
BT45 5AY

T: 028 7963 1344

Children's Services & Programmes

Adolescent Fostering Partnership

Fostering partnership with
Belfast Health & Social Care
Trust for harder to place
young people, 12-18 years.

Shankill Wellbeing &
Treatment Centre
83 Shankill Road
BELFAST
BT13 1PD

T: 028 9504 0302

Armagh & Dungannon Family Resource Centre

Assessment, therapeutic
and preventative services for
families and children aged
0-12. Southern HSCT.

The Doctor's House
39a Abbey Street
ARMAGH
BT61 7DY

T: 028 3752 2380



Armagh Young People's Partnership

Supporting young people aged 13- 18 in need and at risk. Southern HSCT.

The Doctor's House
39A Abbey Street
ARMAGH
BT61 7DY

T: 028 3752 2380

Barnardo's Fostering NI

Recruiting and supporting foster carers for children with extra needs. A regional service.

230b Belmont Road
BELFAST
BT4 2AW

T: 028 9065 2288

F : /BarnardosFosteringN

W: www.barnardos.org.uk/fostering

Children's Services & Programmes

Child Bereavement

Supporting children, young people and their families/ carers who have been bereaved including those who have experienced traumatic and sudden death. Delivered across Northern HSCT.

23 Windsor Ave

BELFAST

BT9 6GE

T: 028 9066 8333

Also

36 a Westland Road

MAGHERAFELT

BT45 5AY

T: 028 7963 1344

Advice Line

(Tues/Wed/Thur 9-3pm)

For parents and carers across NI supporting a child who has been bereaved.

T: 028 9066 8333



Children's House

Residential unit for up to six children of primary school age. An integrated service with Barnardo's NI Fostering. A regional service.

c/o The Integrated Service
230b Belmont Road
BELFAST
BT4 2AW

T: 028 9065 2288

Choices for Children

- Forward Steps
- Home Links
- Play for All

Short breaks, autism support and information. Inclusion of disabled children in community services in the Belfast and South Eastern HSCT.

Children's Services & Programmes

230c Belmont Road
BELFAST
BT4 2AW

T: 028 9065 8105

Choices Family Support

Family Support Service in the Northern HSCT for young people aged 10-17 and their parents. Supports include individual work, group work and volunteer mentoring.

36a Westland Road
MAGHERAFELT
BT45 5AY

T: 028 7963 1344

Collaborating for Change

Facilitating collaboration between schools, statutory and community partners to achieve shared outcomes. Knowledge transfer of prevention and early intervention and



implementation of evidence-based programmes. Based in North Belfast and Antrim.

542-544 Upper Newtownards Road
BELFAST
BT4 3HE
T: 028 9067 2366

Disabled Children & Young Peoples' Participation Project (DCYPPP)

Facilitates the participation of young disabled people aged 8-25 in children's services planning processes.

Grange Building
Towerhill
Armagh
BT61 9DR
T: 028 3741 4541

Children's Services & Programmes

Family Connections South and East Belfast

A range of support services for children and families working in schools and communities across South and East Belfast offering: early years play and learning, parenting programmes, transition support, family support, parent engagement, family learning and community links. We also co-ordinate Outer South and East Family Support Hub.

Kings Road
BELFAST
BT5 7EH

T: 028 9041 9069

Family Connections Newtownabbey

Working with schools and community in the Newtownabbey area as part of an area-wide collaboration to improve outcomes for



children and young people
and supporting families to
live and learn well through
family learning and parenting
programmes.

Temporarily based in:
Kings Road
BELFAST
BT5 7EH

T: 028 9041 9069

Family Group Conferencing (Newry)

Harnessing of extended family
strengths to support and
protect children.

15 St Coleman's Park
NEWRY
BT34 2BX

T: 028 3026 3135

Children's Services & Programmes

Family Learning and Integration Project (FLIP)

Supporting isolated black & minority ethnic families in south Belfast gain skills and confidence to support their children's learning and become more involved in the community.

Barnardo's are leading the project (funded by Big Lottery) in partnership with Ulster University, Fane Street Primary School and Holy Rosary Primary School.

23 Windsor Ave
BELFAST
BT9 6EE

T: 028 9066 8766

Five To Thrive

An approach where staff are trained in the role of attachment in brain development and the impact of trauma. This training is then



used to support families to ensure healthy development from before birth and throughout childhood and adolescence. It incorporates five key activities: Respond; Cuddle; Relax; Play; Talk which are the building blocks for a healthy brain. The Five to Thrive Approach underpins all our early years focused work. Barnardo's is also working with communities to build resilience in partnership with KCA the programme developers by providing training and technical assistance.

W: www.fivetothrive.org.uk

T: 028 7188 5504

E: liz.kavanagh@barnardos.org.uk

Children's Services & Programmes

Fostering (listed under
Barnardo's Fostering)

G-Old Community Partnership Sure Start

Support for parents with
young children 0-4 years to
help give the best start in life
and to prepare for school.
With outreach in: Gortalowry,
Oldtown, Killymoon, Ardboe,
Dunanmore, Pomeroy and
Maghera wards of Mid Ulster
Council who have a child
under 4 years.

Loy Buildings
18-24 Loy Street
COOKSTOWN
BT80 8PE

W: www.goldsurestart.org.uk

T: 028 8676 9994

**F: /Gold Community
Partnership Surestart**



Horizon Sure Start

Support for parents with young children from 0-4 years to help give the best start in life and to prepare them for school.

Sunnylands Primary School
Sandes Court Entrance
CARRICKFERGUS
BT38 8JJ

T: 028 9335 9734

F: /Horizon-SureStart

Incredible Years Series

Parenting programmes aimed at strengthening parenting abilities and enhancing parent involvement to promote children's academic, social & emotional skills and reduce conduct problems. Delivered in all our Early Years services.

Programmes are grouped by age:

Children's Services & Programmes

Babies – 0-12 months

Toddlers – 1-3 years

Pre-School – 3-6 years

School Age – 6-12 years

Other programmes available
include:

- **Dina Dinosaur Curriculum**

This is a treatment programme for children 4 – 8 year olds with conduct problems including ADHD. Promotes social skills, problem solving and emotional language.

- **Autism Spectrum & Language Delay**

For parents with children 2 -5 years. Promotes children's emotional regulation, social competence, language skills and relationships with others.



- **Teacher Classroom Management**

This training assists teachers of children aged 3 – 8 year olds to strengthen their classroom management strategies to promote praise and encouragement, use of incentives, teaching empathy, social skills and problem solving.

(See School Based Intervention)

Independent Counselling Service for Schools

Counselling for young people in special schools in Limavady and Coleraine.

36a Westland Road
MAGHERAFELT
BT45 5AY

T: 028 7963 1344

Children's Services & Programmes

Independent Guardian Service

Providing guardians for separated children including those who are victims or potential victims of human trafficking. A regional service.

542-544 Upper Newtownards
Road
Belfast
BT4 3HE

T: 028 9067 2366

Jigsaw

Based in three schools in the Ballymena area supporting parents towards improving education standards for their children.

542-544 Upper Newtownards
Road
Belfast
BT4 3HE

T: 028 9067 2366



Lifeskills

LifeSkills is an effective evidence based prevention programme for children aged 8-14 years within the school or community setting. It promotes resilience through the development of emotional literacy, critical thinking, healthy relationships and strategies to prevent risk taking behaviours which can be reduced by up to 75%. Studies have found the impact can last up to 12 years.

LifeSkills is a UK and Ireland wide service.

1c Beechill House
42 Beechill Road
BELFAST
BT8 7RL

T: 028 9079 0133

**W: [www.barnardos.org.uk/
lifeskills](http://www.barnardos.org.uk/lifeskills)**

Children's Services & Programmes

Leaving Care

Provision of semi-independent accommodation and support for young people leaving care in Belfast and Ballymena.

Somerset House
234 Ormeau Road
BELFAST
BT7 2FZ

T: 028 9064 4335

Newry Family Resource Centre

Assessment and therapeutic preventative services for families and children aged 0-12 years.

Lisdrum House
Chequer Hill
NEWRY
BT35 6DY

T: 028 3026 0668



Newry Young Peoples' Partnership

Supporting young people aged 13-18 years in need and at risk.

15 St Coleman's Park
NEWRY
BT34 2BX

T: 028 3026 3135

NI Refugee Support Service (NIRSS)

Established 2015 as part of UK Vulnerable Person Relocation Scheme NIRSS works in partnership with local statutory and voluntary organisations co-ordinated through the NI Department of Communities and the Home Office. It supports families directly impacted by the Syrian conflict linking them with local services such as health and education and supporting their

Children's Services & Programmes

independence and integration
with the local community.

A regional service.

25 Windsor Avenue

Belfast

BT9 6EE

T: 028 9066 9772

- **Baby Boxes**

For mums-to-be who are in the later stages of pregnancy and are in a crisis situation: victims of domestic abuse, refugees and asylum seekers. The boxes contain a range of items including babysuits, blankets, baby wipes, bibs, sponges and double as a cot for safer sleeping and when the baby grows as a storage box. Expectant mums are referred to us through a number of partner organisations.

T: 028 9067 2366



NOVA Trauma Support

Therapeutic support to individuals and families affected by psychological trauma. Southern HSCT.

10 Church Street
BANBRIDGE
BT32 4AA

T: 028 4062 8758

Parent and Infant Project (PIP)

A structured, evidence informed programme for children 0-3years and their parents/carers. PIP groups are delivered in community venues in Lisburn and focus on building good parent/child interactions and enhancing parenting skills.

Children's Services & Programmes

- **Lisburn Family Support Service**

A short term, home-based intervention for children 0-18 years and their families in the Lisburn area. The Family Support Service addresses a range of issues with families where there is a need for additional support at a Tier 2 level.

Unit 5
Crescent Business Park
Enterprise Crescent
LISBURN
BT28 2GN

T: 028 9260 7537



Parenting Matters

Support and information to parents/carers in prison or currently working with Probation Board NI on how to maintain and develop family relationships. Also provides a range of publications for families coping with separation due to imprisonment.

Somerset House
234 Ormeau Road
BELFAST
BT7 2FZ

T: 028 9064 4335

Parenting Services (Craigavon & Banbridge)

Parenting assessments for parents and families.

Children's Services & Programmes

2 Old Lurgan Road,
Portadown
BT63 5SG
Co Armagh

T: 028 3756 1088

PATHS ®

The PATHS ® Programme for Schools (UK version) is a universal schools programme for 4-11 year olds which empowers all children to develop the fundamental social and emotional learning skills which will enable them to make positive choices throughout life. The PATHS® programme promotes positive mental health and emotional well-being in schools. PATHS is delivered in primary schools across the UK. Since 2008 it has been delivered in over 200 primary schools including 101 in NI.



- **Small group PATHS® - Friendship Group**

A targeted intervention which provides intensive support for children with specific social and emotional needs. Building upon the concepts delivered in PATHS® lessons; Friendship Group works with a small number of children to allow time to practise these concepts in a safe environment.

1c Beechill House
42 Beechill Road
BELFAST
BT8 7PU

Tel: 028 9079 0133

W: www.pathseducation.co.uk

T: @PATHSEdUK

**F: [www.facebook.com](http://www.facebook.com/pathseducationuk)
[/pathseducationuk](https://www.facebook.com/pathseducationuk)**

Children's Services & Programmes

Pharos

Therapeutic support services to children and families affected by parental substance misuse including individual work, systemic family work and group work. Services are delivered across Belfast, South Eastern and Southern HSCT areas.

23 Windsor Avenue
BELFAST
BT9 6EE

T: 028 9066 3470

Pyramid Clubs

Evidence based programme aimed at quiet, shy and anxious children 7-12 years. Low key, fun, non-clinical, low cost, includes group activities. Especially beneficial at times of transition. Delivered in primary schools in the Northern HSCT.



542-544 upper newtownards
Road
BELFAST
BT4 3HE
T: 028 9067 2366

Ready To Learn

An after-school literacy programme for primary school children aimed at raising achievement. Offers a range of support parent/carers to reinforce children's learning at home. Delivered in schools across Northern Ireland.

542-544 Upper Newtownards
Road
BELFAST
BT4 3HE
T: 028 9067 2366

Children's Services & Programmes

Safe Choices

Support for children, young people and their families who are affected by child sexual exploitation. A regional service.

230b Belmont Road
BELFAST
BT4 2AW

T: 028 9065 8511

**W: [barnardos.org.uk/
safechoices](http://barnardos.org.uk/safechoices)**

School Based Intervention

Delivery of a range of Incredible Years parenting programmes across Lisburn, Newtownards and North Down, working with local schools and community organisations.



Unit 5
Crescent Business Park
Enterprise Crescent
LISBURN
BT28 2GN

T: 028 9260 7537

Simpson Family Resource Centre

Assessment and therapeutic preventative services for families and children aged 0-12 years.

- **Simpson Family Support**
Early intervention and short term support provided to families with children aged 0-17 years in their home
- **Simpson – Early Intervention Support Service**
Direct work with families with children 0-18 years, providing support when

Children's Services & Programmes

difficulties arise in an attempt to prevent them having to be referred to statutory services.

Simpson House
40 Manse Road
BANGOR
BT20 3DE

T: 028 9127 1538

Strabane Family Centre

Assessment, therapeutic and preventative services for families and children aged 0-12 years in need or at risk.

2 Melmount Road
STRABANE
BT82 9BT

T: 028 7138 2658

**F: /Strabane Sure Start
& Family Centre**



Strabane Sure Start

Support for ante-natal mums providing early intervention, promoting healthy brain development and positive infant mental health.

Provision of programmes to support parents with young children up to 4 years to improve the ability to learn, promote speech and language development and improve health.

2 Melmount Road
STRABANE
BT82 9BT

T: 028 7138 2658

**F: /Strabane Sure Start
& Family Centre**

Time 4 Me

School-based counselling and wrap-around support service to increase emotional well-being and improve learning

Children's Services & Programmes

potential for pupils in primary, special and post-primary schools.

Delivered: Belfast, South Eastern, Northern and Southern HSCT areas.

Somerset House
234 Ormeau Road
BELFAST
BT7 2FZ

T: 028 9064 6515

Travellers' Early Years' Service

Services for Traveller children (0-6) and their parents.

E3 Building
398 Springfield Road
BELFAST
BT12 7DU

T: 028 9065 8105



Willowgrove

Residential short breaks, daycare and community-based services for 5-17 year olds with a learning disability in the Southern HSCT.

44 Whyte Acres
BANBRIDGE
BT32 4HZ

T: 028 4062 6109

Windsor Avenue Family Resource Centre

Assessment and therapeutic preventative services for families and children aged 0-12 years.

23 Windsor Avenue
BELFAST
BT9 6EE

T: 028 90667586

Children's Services & Programmes

Young Carers

Individual and peer support groups for young people who are helping to look after someone at home in the Northern and Western HSCT areas.

36a Westland Road
MAGHERAFELT
BT45 5AY

T: 028 7963 1344

You Tube: Barnardo's Young Carers in Northern Ireland

The Bigger Picture

Influencing

We work to improve outcomes for children, young people and families by promoting positive change in policy and practice. By gathering evidence from our service delivery and research we develop and influence policy on the issues that matter to the children and families we support. We work collaboratively across all sectors and political parties to achieve the best outcomes for all children. More information about our influencing work is available on our website.





Fundraising

Dr Barnardo set up the first ever children's charity in 1866 when he asked Victorian society to support his work through donations. Today we still depend on donations from the public. We raise funds in communities, schools and in partnership with corporate organisations. We also ask people to consider leaving us a gift in their will. More information on how to support us through fundraising is available on our web pages or **T: 028 90672366.**

Media

We work across all media outlets including social media to promote our work and raise awareness of children's issues. We also highlight our fundraising activities, celebrate our volunteers and promote our retail outlets. We support children and young people to talk to the media about issues that matter to them and give them a positive voice.

 /BarnardosNI

 @BarnardosNI



Volunteering

Volunteers bring an added quality to the work we do. For any child or young person knowing someone is giving up their time for them makes a huge difference. Volunteers can help turn lives around. We need volunteers with a wide range of skill sets to support children's services, retail and fundraising.

For more information visit our webpages or contact our Volunteering Advisor:

T: 028 9067 2366

E: Ni-volunteering@barnardos.org.uk



Retail

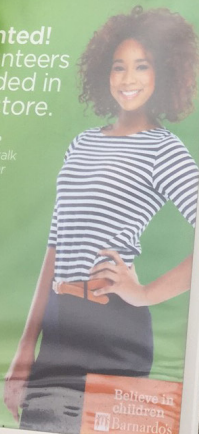
Barnardo's NI has 30+ shops including two donation centres and two dedicated children's stores. The funds raised in our shops are vital in supporting our work with children. Every penny of profit raised through retail is spent directly on our work in NI. The shops are always in need of donations of good quality clothes, household goods, furniture etc as well as volunteers. You can find your local store online.

Barnard



Wanted!
Volunteers
Needed in
this store.

Interested?
Come and talk
to a member
of our team.



Believe in
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Barnardo's
Northern Ireland

**[www.barnardos.org.uk/
northernireland](http://www.barnardos.org.uk/northernireland)**

Barnardo's Northern Ireland
542-544 Upper Newtownards Road
Belfast BT4 3HE

Northern Ireland

Tel: 028 9067 2366

Fax: 028 9067 2399

Barnardo's Registered Charity Nos.
216250 and SC037605



/BarnardosNI



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