

What do parents say?

"I have learned that I'm not a bad parent and that it's okay to set boundaries with my children."

Feedback from participants
in Oregon, USA

"Learning PTC-R has helped my partner and I come together as a team and support each other."

Feedback from participants
in Oregon, USA

"They broke it down and made it easy for me to use these skills with my daughter."

Feedback from
participants
in Oregon, USA

How do I refer a parent or caregiver?

Simply ask your Local Authority Lead for a referral form or contact us for more information.

Chat to us

Questions? Why not get in touch. We're here every step of the way.

E: GENPMTO@barnardos.org.uk

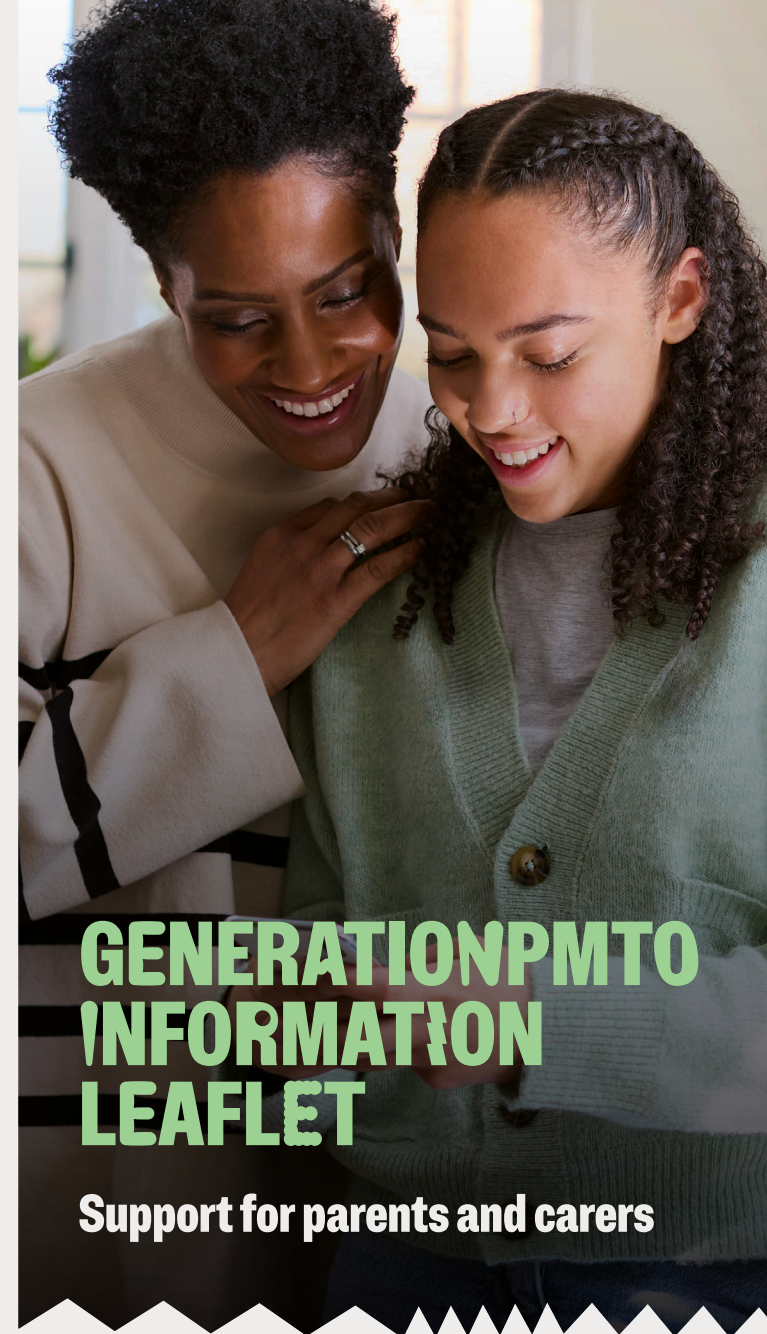
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**Barking &
Dagenham**

 **Brent**



Barnardo's Registered Charity Nos. 216250 and SC037605 24985dos24



GENERATIONPMTO INFORMATION LEAFLET

Support for parents and carers

BARNARDOS

What is Generation Parent Management Training Oregon (GenPMTO)?

GenPMTO is a groundbreaking programme arriving in the UK, for parents and carers who might need a helping hand. It equips parents with practical tools to foster positive growth in their children to help make sure their children can thrive.



**8-14
year olds**

Who's it for?

GenPMTO is tailored for parents and caregivers with children aged 8–14 who may be at risk of serious youth violence. If their child lives or attends school in Brent, Barking and Dagenham, or Tower Hamlets, this programme is for them!

How does it work?

GenPMTO offers practical strategies to reduce conflicts and build stronger family connections. Through group sessions, parents learn effective techniques to prevent and address behaviour problems in children and teens.

GenPMTO recognises the critical role parents play in shaping their children's lives. Their data shows that parents are the agents when it comes to changing childhoods and changing lives.



**14-Week
programme**