



PiP

Attachment, Bonding & Communication
Parent Infant Partnership

It's All About Relationships

Creating stronger family bonds through attachment in the first 1001 days



About ABC PiP

The Attachment, Bonding & Communication Parent-Infant Partnership (ABC PiP) is a Specialised Parent-Infant Relationship Team which offers a home visiting service to families across the South Eastern Trust area.

The service has been developed through a strategic partnership between Barnardo's NI, South Eastern Trust and Tiny Life; supported by Parent Infant Foundation.



The service focuses on improving Parent-Infant Relationships and creating stronger bonds and attachment in the First 1001 Days (pregnancy – age 2). This is achieved through a range of family focused approaches including 1:1 and small group work.

The ABC PiP Team is multi-disciplinary and cross-sectoral. We combine direct service delivery with a capacity-building workforce offer of education, training and support and strategic engagement in and with wider systems affecting infants and their families and how these can be changed and improved.

About Specialised Parent-Infant Relationship Teams



What?

Multi-disciplinary teams with expertise in supporting & strengthening relationships between babies and their parents.



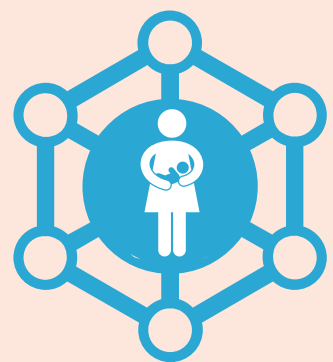
How?

Through two-tier activity: Acting as expert advisors and champions while also offering direct clinical and practical support to families.



Why?

Babies' brains are shaped by the interactions they have with their parents. Supporting these relationships is skilled work that requires specialist expertise in child development.



Service Provision

What?

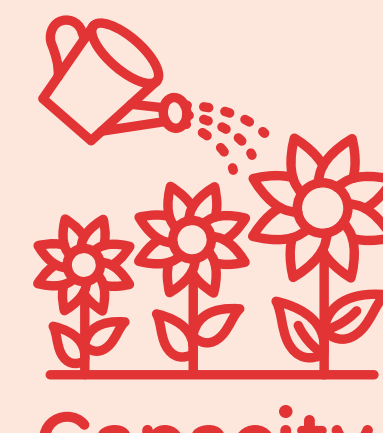
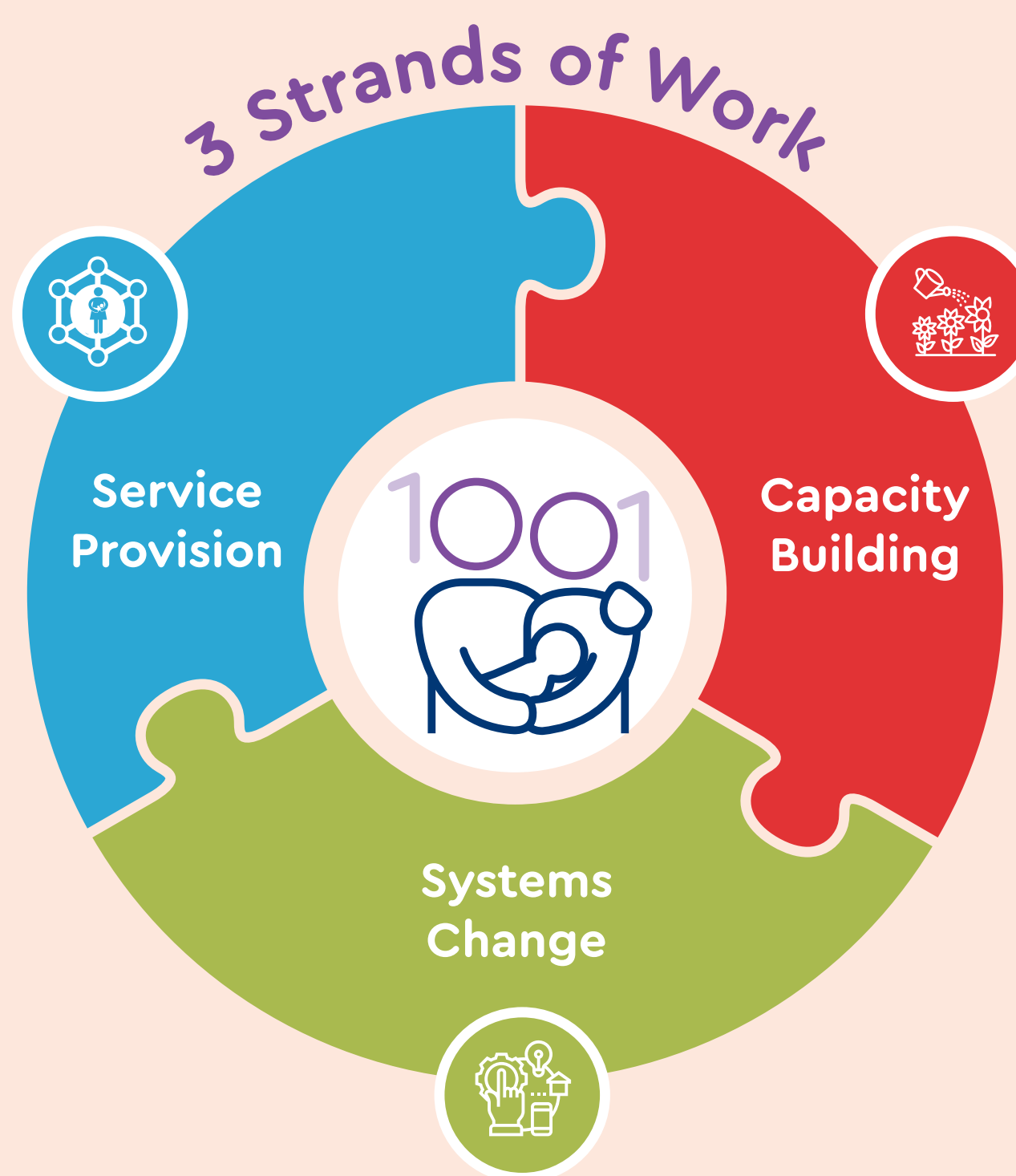
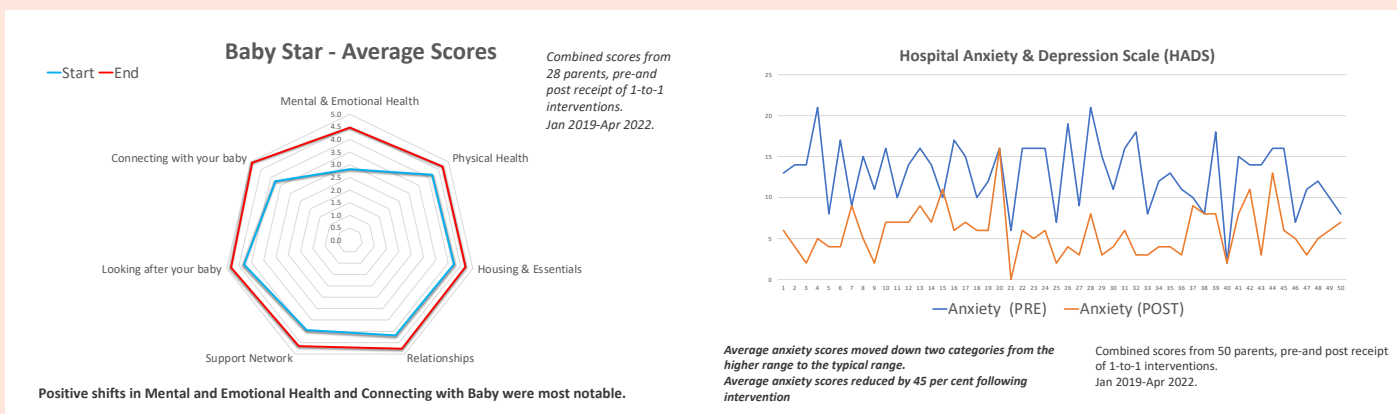
A preventative service, embedded within the South Eastern Trust, promoting healthy relationships for babies by offering early & effective intervention to those most at risk

How?

Parent-Infant Psychotherapy; Community Resilience Model; Video Interactive Guidance; Five-to-Thrive; Infant Massage; Solihull Approach; Mellow; Relationship Risk Assessments.

Why?

Prevalence of parental anxiety & depression (Tier 1) and parental mental health or complex trauma history (Tier 2).



Capacity Building

What?

Encouraging and enabling all professions working with families to support relationships and identify infant mental health needs

Why?

Infant Mental Health, like maternal mental health, is everyone's business. Many professions working with families do not have child development backgrounds or training.

How?

Education, training, consultation and support in 3 core areas: Five-to-Thrive; Community Resilience Model; Baby Massage & Yoga



Practitioner Training

463
Five-to-Thrive



Community Resilience Model

162

Baby Massage & Yoga*

2019-22 *Baby Massage & Yoga training has not been delivered since COVID restrictions began. Figures are for 2019-20 only



Systems Change

What?

Networking, collaboration & influencing at local, regional and national levels.

How?

Modelling the 'possible'; membership & influencing of relevant groups and networks; political engagement; policy responses.

Why?

Babies and their families cannot benefit from interventions they do not receive. Societal benefits requires access to relationship-based services including, but also beyond, ABC PiP.

What Parents & Practitioners Say

"Societal expectations are heavy to carry. I can be 'real' with the ABC PiP team about my feelings and I know I won't be judged."

"Having the opportunity to discuss my concerns about pregnancy helped me enormously. By the time baby came, I felt connected to him and more prepared for the challenge."

"The specialist early input that ABC PiP has provided to the families I have referred has been very beneficial. They report improved mood and feeling much more connected with their baby. This was also evident to me during visits."



Contact Us

