


A-Z

of services for
Northern Ireland




Service Name	Service Description	Phone number and address
 <p>Child Bereavement Service</p>	<p>This service offers direct therapeutic support to children and young people up to the age of 18, who have been bereaved as a result of suicide or other traumatic death. Offering bespoke group work opportunities for traumatically bereaved children, young people and their carers, giving them the opportunity to meet with other peers who have been bereaved in similar circumstances.</p> <p>The Advice Line has been set up to offer support and advice to any adult concerned about a bereaved child or young person, available Mon and Tues from 10am - 1pm and Fridays from 10am - 12.30pm. 028 9066 8333.</p> <p>Why contact the Advice Line?</p> <ul style="list-style-type: none"> • Sleep difficulties • Separation anxiety • The child is withdrawn • To help explain death to a child • Difficulties in managing behaviour • Display of physical symptoms <p>Staff also facilitate bespoke training opportunities for child and adolescent bereavement, to support other community, voluntary and statutory groups.</p>	<p>028 9066 8333</p> <p>23 Windsor Ave, Belfast, BT9 6EE</p>
<p>Choices Family Support</p>	<p>A service for 10 - 17 year olds and their parents providing 1:1 support. Choices Family Support helps young people with; anger/ behaviour management, family breakdown, relationships, social isolation, anxiety, risk of offending, school issues and bullying. This service covers the Northern HSCT area.</p>	<p>Choicesfamilysupport@barnardos.org.uk</p> <p>26 Church Street, Magherafelt BT45 6AW</p>



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Service Name	Service Description	Phone number and address
Empowered	<p>The Empowered programme offers emotional help and support to parents of children with a disability, through a range of short term intervention options.</p> <ul style="list-style-type: none"> - advice line support - home visits - group work support. <p>Referrals are made by the South Eastern Trust children's disability team.</p>	<p>02891271538</p> <p>40 Manse Road, Bangor BT20 3DE</p>
Family Connections - Newtownabbey	<p>A range of support services for children and families in Rathcoole and Monkstown including parenting programmes, family support, parent engagement, summer programmes and BOOST attainment programme.</p>	<p>07725624242</p> <p>Dunanney Centre, Rathmullan Drive, BT37 9DQ</p>
Family Connections - South & East Belfast	<p>A range of support services for children and families in schools and communities across South and East Belfast offering: early years play and learning, parenting programmes, transition support, family support, parent engagement, family learning and community links. Family Connections also manage and co-ordinate the Outer South and East Belfast Family Support hub which links families with relevant support services in their community.</p>	<p>07725624242</p> <p>230c Belmont Road, Belfast, BT4 2AW</p>




Service Name	Service Description	Phone number and address
<p>Family Resource Centres:</p> <p>Armagh</p> <p>Newry</p>  <p>Simpson House</p>	<p>Barnardo's Family Resource Centres provide parenting assessments and protective parenting assessments: up to 12-week parenting assessments focusing on child protection and capacity building. They also offer therapeutic/ tailored work with individuals, couples, family work, and directly with the child.</p> <hr/> <p>This service offers therapeutic and educational work to address the impact of parenting, domestic violence, mental health, and substance abuse on children.</p> <p>They raise awareness with parents regarding parenting and children's developmental needs and support parents and children through therapeutic relationship work.</p> <hr/> <p>This service offers therapeutic and educational work to address the impact of parenting, domestic violence, mental health, and substance abuse on children.</p> <p>They raise awareness with parents regarding parenting and children's developmental needs and support parents and children through therapeutic relationship work.</p> <p>Newry Family Resource Centre also offers a supported Child Contact service and a court-based mediation service.</p> <hr/> <p>This service offers family work, parenting assessments, support and education to promote positive change and better outcomes for families, children, and young people.</p> <p>Referrals can only be made through statutory services.</p>	<p></p> <hr/> <p>028 3752 2380</p> <p>Doctor's House, 39a Abbey Street, Armagh BT61 7DY</p> <hr/> <p>028 3026 0668</p> <p>Lisdrum House 7A Chequer Hill, Newry BT35 6DY</p> <hr/> <p>028 9127 1538</p> <p>40 Manse Road, Bangor, BT20 3DE</p>


Service Name	Service Description	Phone number and address
Family Resource Centres: Strabane	<p>This service offers family work, parenting assessments, support and education aiming to promote positive change and better outcomes for parents/carers, families and children and young people.</p> <p>Referrals are accepted from statutory services, other professionals, Family Support Hubs and directly from parents/carers.</p>	<p>028 7138 2658</p> <p>2a Melmount Road, Strabane, BT82 9BT</p>
Family Support Hub Armagh & Dungannon	<p>The Family Hub consists of statutory, voluntary and community associates who work together to provide early intervention family support services. It supports parents and children at the earliest possible opportunity by ensuring that family support service providers work together to improve access to family support services for all parents and children.</p> <p>Referrals are considered at monthly hub meetings and families notified then of outcomes.</p>	<p>07514724926</p> <p>Grange Building, Tower Hill, Armagh, BT61 9DR</p>
Fostering & Adoption NI	<p>This service recruits and supports foster carers across Northern Ireland, working closely with all five Health and Social Care Trusts.</p> <p>We have over 45 years experience in family finding for children and young people who need to remain in foster care until they reach adulthood. Many of our fostering families go on a journey towards adoption if the care planning moves in this direction. The service has a particular interest in being able to keep siblings together, as well as children with medical complexity or disabilities.</p>	<p>028 9065 2288</p> <p>230b Belmont Road, Belfast, BT4 2AW</p>




Service Name	Service Description	Phone number and address
<p>Independent Guardian Service</p> 	<p>This service works with young people who are or potentially have been the victims of trafficking or exploitation. This includes work with Unaccompanied and Separated Sanctuary Seeking Children and Young People. The Guardians act as independent advocates supporting and upholding the rights of the child.</p> <p>Independent Guardians have expert knowledge in trafficking, exploitation and legal processes, including asylum and age assessment. Within the age assessment process our role is that of providing support in the form of an 'Appropriate Adult'.</p> <p>A key element of the role is to ensure that children's voices, wishes and feelings are heard and to advocate for the best interests of the child at all times. This includes working closely with statutory partners.</p> <p>The service can only accept referrals made before a young person's 18th birthday however can support a young person up to the age of 21 on a need and risk assessed basis. Access to the service is through social work referral only.</p>	<p>028 9065 8105</p>
<p>Lifeskills</p>	<p>LifeSkills is a universal, whole class, school based programme that improves children's resilience by developing children's emotional literacy, critical thinking, problem solving, healthy relationships and strategies to prevent risk taking behaviours. As well as preventing risk taking behaviours it also leads to important improvements in other core skills like, self esteem, emotional regulation, motivation, communication, social skills, and ability to cope with stress.</p> <p>By teaching children social and emotional skills, the programme improves emotional health and wellbeing, educational attainment, school attendance, reduces risk taking and anti social behaviours. The primary and secondary school programmes are delivered in schools across the UK and Ireland.</p>	<p>07710385217</p> <p>1c Beechill House, 42 Beechill Road, Belfast, BT8 7RL</p>

Service Name	Service Description	Phone number and address
Leaving Care	<p>This service provides a range of accommodation, care and support to 16-25 year old care experienced young people, in their transition from care to independent living. There are two supported living accommodation units; Belfast and Ballymena. There are also two community houses in Belfast.</p> <p>Young people have their own flats and work with staff on an individual and group work basis to address their needs and develop their skills. The Aftercare service, funded by a local private donor, offers support to those living independently in the community who have previously lived within Barnardo's accommodation to ensure they have a support network for as long as they need it.</p>	<p>028 9067 2366 - Office Base</p> <p>028 9064 6004 - Belfast</p> <p>028 2563 1155 - Ballymena</p>
NIRSS - NI Refugee Support Service 	<p>Established in 2015 as part of UK Vulnerable Persons Relocation Scheme, NIRSS works in partnership with local statutory and voluntary organisations co-ordinated through the NI Executive Office and the Home Office. It supports families who have arrived in Northern Ireland from Syria and Afghanistan, linking them with local services including health and education, whilst supporting independence and integration. This Service can only be accessed if you have arrived in NI through a government resettlement scheme.</p> <p>NIRSS also contributes to the Homes for Ukrainian scheme, completing screening visits to potential host sponsors and signposting hosts and guests to relevant information and services.</p> <p>NIRSS also delivers Barnardo's Asylum Family Support (BAFS) which supports families with children under 4 years old who live in temporary accommodation whilst their asylum claim is processed.</p>	<p>028 9067 2366</p>



Service Name	Service Description	Phone number and address
Northern Early Intervention Support Service - NEISS	<p>This service aims to support families with children 0-18yrs when problems arise before they need involvement from statutory services. It offers home based support for up to 12 weeks. It offers a range of therapeutic and practical support to families in the Northern Trust area who reside in Newtownabbey, Antrim town, Ballymena, Larne and Carrickfergus. Referrals are taken from statutory, voluntary and directly from families. Families cannot be involved with Social Services.</p>	<p>02879631344</p> <p>36a Westland Road, Magherafelt, BT45 5AY</p>
NOVA Trauma Support 	<p>NOVA provides therapeutic trauma support to children, young people and parents who live in the Craigavon, Banbridge, Armagh, Dungannon, Newry and Mourne area. NOVA counsellors and therapists have been supporting families for over 25 years. This service receives self-referrals, referrals from Health and Social Care staff and referrals from community/ voluntary groups. Weekly therapeutic trauma support sessions are provided in Barnardo's buildings in Banbridge, Armagh and Newry. The service receives funding and support from the Victims and Survivors Service on behalf of The Executive Office and is available for families who have been affected by the NI Conflict/Troubles.</p>	<p>028 4062 8758</p> <p>ni.nova@barnardos.org.uk</p> <p>10 Church Street, Banbridge, BT32 4AA</p>
Parenting Matters	<p>This service works with expectant parents and parents/ carers of children under 18 yrs old, who are in custody in HMP Maghaberry, HMP Magilligan and Hydebank Wood Young</p>	<p>028 9127 1538</p> <p><i>Continued over ►</i></p>


Service Name	Service Description	Phone number and address
Parenting Matters <i>(continued)</i>	<p>Offenders and Women's Prison. The main focus of the work is to reduce the impact and trauma of parental offending on children and families and strengthen family relationships. This is carried out by exploring issues relating to parenting and supporting parents in maintaining or establishing a meaningful relationship with their children.</p> <p>Work is carried out through both group-based programmes and interventions and 1-1 work and delivered in partnership with the Northern Ireland Prison Service (NIPS).</p>	40 Manse Road, Bangor BT20 3DE
PATHS® Programme for Schools (UK version & NI Version) 	<p><i>The PATHS® Programme for Schools (UK version & NI Version)</i> is a universal, social emotional learning (SEL) school programme for 4-11 year olds which empowers all children to develop the fundamental SEL skills which will enable them to make positive choices throughout life. The PATHS® Programme promotes positive mental health and emotional wellbeing in primary schools and is delivered through resources, training and coaching support from Barnardo's.</p> <p>Barnardo's offer schools a tailored model of coaching support providing teachers with:</p> <ul style="list-style-type: none"> • One-to-one planning and mentoring support • In-class support • Key Stage/Cluster support • Thematic workshops / In-School Co-ordinator seminars • Curriculum alignment and development • Teaching strategies / Extension activities • Whole-school support (Additional Staff Training, Parent Information Sessions and B's Buddies Training). <p>A pre-school version of the PATHS® Programme is available for 2-4 year olds, and tailored support for implementation is also provided to early years settings.</p>	<p>02890790133 or 07749101574</p> <p>Unit 1c Beechill House, 42 Beechill Road, Belfast, BT8 7RL</p>



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Pharos	<p>This service provides support for children and families affected by parental substance misuse. The aim is to help families explore the impacts of substance misuse, support them in making changes and identify the types of support that are needed for both the child and the family. Pharos offers:</p> <ul style="list-style-type: none"> • Individual work with children/adults • Relationship work • Therapeutic family work • Parenting support • Group work. 	<p>028 9066 3470 028 4062 3872</p> <p>23 Windsor Avenue, Belfast, BT9 6EE</p> <p>10 Church Street, Banbridge, BT32 4AA</p>
PIP - Parent & Infant Project	<p>PIP is a programme for parents/carers of children aged 0– 3 years. The programme uses a child-centred approach to encourage all areas of development including speech, language and communication. The PIP team offers parents advice, guidance and support on a range of issues including: building positive relationships/interaction in the early years, understanding their child's development/behaviour and looking after their own wellbeing. The team also delivers baby massage/yoga and baby sensory groups as well as groups focusing on the key messages from the Five to Thrive and Help Kids Talk approaches.</p>	<p>028 92607537</p> <p>Laganview Enterprise Centre, 69 Drumbeg Drive, Lisburn, BT28 1QJ</p>
Play For All	<p>Inclusive Saturday Clubs for disabled children age 5-12 and their siblings, taking place across Belfast and County Down. The Saturday Clubs offer play, art, and leisure opportunities on a fortnightly basis during term time.</p>	<p>07736618035</p> <p>230c Belmont Road, Belfast, BT4 2AW</p>





Service Name	Service Description	Phone number and address
PosAbility	<p>This service provides support for young people aged 8-25 with a special need/disability. The service provides monthly capacity building workshops, some one-to-one direct work, young people's regional groups, consultation and feedback opportunities and Disability Awareness training. Throughout all the strands of work, the overarching aim is to empower young people and promote their voices.</p>	<p>02837414541 Grange Building, Tower Hill, Armagh, BT61 9DR</p>
SASUYP - Supported Accommodation for Separated & Unaccompanied Young People	<p>SASUYP Supported Accommodation for Separated & Unaccompanied Young People is a supported housing service for unaccompanied and asylum seeking young people aged 16-21. It is a regional service accepting referrals from social services across all five Health and Social Care Trusts.</p>	<p>028 9066 9772</p>
SEEN - Sexual Exploitation Ends Now 	<p>This service provides support to children, young people and families affected by child sexual exploitation, with the aim of increasing safety and improving wellbeing. The service provides; one-to-one therapeutic support for young people aged 10-18, support to families and carers, and consultation to professionals to provide direction and resource materials to enable others to undertake direct work. This service is available across Northern Ireland via referral by CSE Lead social workers in each Health Trust.</p>	<p>028 9065 8511 230b Belmont Road, Belfast, BT4 2AW</p>

Service Name	Service Description	Phone number and address
SET Family Support	<p>The SET (South Eastern Trust) Family Support Service covers Lisburn and Ards & North Down areas. The family support teams provide up to 12 sessions of direct support and therapeutic intervention for families with children aged 0-18 years within the family home.</p> <p>The aim of the service is to provide timely support to families experiencing difficulties and to reduce the need for statutory social work intervention.</p> <p>Referrals are received via the SET Family Support Hubs and families can self-refer to the hubs or request a referral from their GP/Health Visitor/School etc.</p>	<p>028 9260 75375</p> <p>Laganview Enterprise Centre, 69 Drumbeg Drive, Lisburn, BT28 1QJ</p>



Service Name	Service Description	Phone number and address
<p>SureStart Services</p> 	<p>Horizon SureStart</p> <p>SureStarts aim to improve a child's ability to learn by encouraging stimulating play and improving language and communication skills. They support parents in caring for their children, promoting children's health and enhancing positive parenting skills. There is a range of support available at the various SureStarts such as: baby yoga, breastfeeding support, cooking and nutrition and rhyme time. Supporting parents/carers with children aged 0-4.</p> <p>Please contact each SureStart directly for more information on the support they provide.</p> <p>Gold Community Partnership</p> <p>Strabane</p>	<p>028 9335 9734</p> <p>Sunnylands Primary School, Sandes Court Entrance, Carrickfergus, BT3</p> <p>028 8676 9994</p> <p>Loy Buildings, 18-24 Loy Street, Cookstown, BT80 8PE</p> <p>028 7138 2658</p> <p>2a Melmount Road, Strabane, BT82 9BT</p>
<p>SSU - Student Support Unit</p>	<p>The SSU supports Social work students who are completing their Placement Learning Opportunities within Barnardos. There are a mixture of Level 2 and Level 3 Placement sites available across the region. Centralised support is provided to Students, services and Practice Teachers.</p>	<p>Regional</p>

Service Name	Service Description	Phone number and address
Travellers' Early Years and Transition Service	<p>This service provides home based sessions for parents/ carers and their children aged 0-6. These sessions focus on play, parenting, transition to Sure Start, Nursery and Primary School. Support is also given to enable families to access other services in the area.</p> <p>The Transition Service is for pupils in Primary 7 upwards and focuses on preparing children for moving to Post Primary school and supporting them through their initial years. This includes group and individual work. The service covers Belfast and South Eastern HSCT areas.</p>	<p>028 9067 2366</p> <p>542-544 Upper Newtownards Road, Belfast BT4 3HE</p>
THRiVE	<p>Barnardo's NI co-ordinates THRiVE Newtownabbey, a collaborative project between local parents, schools, community and voluntary organisations and statutory partners, all working together to improve outcomes for children and young people.</p> <p>THRiVE's WE CAN campaign promotes aspirational messages across the community.</p> <p>https://www.thrivenewtownabbey.co.uk.</p>	
Willowgrove	<p>This service provides a range of regular short-term breaks and support services to children and young people aged 5-17 years old with a learning disability. The children and young people using the service experience enjoyable and stimulating breaks alongside their peers at the purpose built bungalow and in the wider community. The facilities at the bungalow include a state of the art sensory room and fully accessible sensory playground.</p>	<p>028 9127 1538</p>

Service Name	Service Description	Phone number and address
Young Carers	<p>The service provides practical and emotional support for young carers in the Northern & Western HSCT areas. The service works with schools, health and social care trusts and voluntary/ community organisations to raise awareness of young carers, their situation and to reach young people who need the service.</p> <p>The service offers: 1:1 and peer support, personal development programmes, individual support, advocacy, fun/ social activities, advice and a safe environment.</p>	<p>YoungCarersServices@barnardos.org.uk</p> <p>26 Church Street, Magherafelt BT45 6AW</p>
Ubuntu	<p>This service supports refugee and asylum-seeking children, young people and families who arrive in the UK. Regional support networks bring together local organisations, quickly linking families with the services they need in their new area.</p> <p>The Ubuntu Practitioners Network spanning across Northern Ireland, share practice and advocate for systemic change and improvements in the area of resettlement and immigration.</p>	<p><u>Ubuntu enquiry form Barnardo's</u></p>
The Whistlestop 	<p>The Whistlestop is a Children's Residential Home providing overnight short breaks to children and young people aged 10-17 with a learning disability. The service provides regular short-term overnight breaks to children with a learning disability to help maintain family placements. The children may also have a range of medical and in some cases a physical disability. The aim is to provide a positive short break for children that supports their development and is an opportunity for fun and social opportunities. The service is commissioned by Belfast Health and Social Care Trust.</p>	<p>02825857407</p>



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