**A picture containing text, clipart

Description automatically generated** Checklist for schools/colleges

**This is a suggested list of support that can be implemented within your school/college to create a ‘young carer aware’ environment that promotes identifying and supporting young carers in your setting.**

**Helpful documents**

**A young carer passport to complete with the young person to discuss what support they would find helpful in school/college and reviewed termly.**

**A young carer card to use within school/college.**

**Identification and assessment**

**Use of the MACA and PANOC document.**

**Access to a referral form for Lancashire Young Carers.**

**Adopt a healthy attitude to illnesses to reduce the stigma attached to mental health and disabilities.**

**Information for young carers**

**A named member of staff/key contact for young carers to talk to within school/college.**

**Information about wider support for young carers and their families.**

**Information about what support school/college can offer to young carers.**

**Information and/or posters about young carers on a noticeboard, webpage or included in literature.**

**Emotional support for young carers**

**More flexible opportunities to talk with staff.**

**A young carers peer support group in school/college.**

**Option to access the school/college counsellor or pastoral worker.**

**Practical support for young carers**

**Flexibility with homework, detentions, options to contact home.**

**Concessions and flexibility with travel to school and after school/college clubs (where appropriate).**

**Concessions with school/college trips etc for young carers (where appropriate).**

**Wider support**

**Improved and accessible communications with parents/guardians.**

**Links with a project worker at Lancashire Young Carers (where applicable).**

**Opportunities for young carers to share feedback on their school/college experience.**

**Refer/Signpost/Liaise with appropriate agencies (Kooth, CFWS, Barnardo’s etc.).**

**Attend a Lancashire Young Carers training session around identifying and supporting young carers.**

**Provide assemblies raising awareness of young carers (Lancashire Young Carers can support with this).**

**Acknowledge YCAD (young carers action day) in school/college which happens in March.**

