**** Checklist for schools/colleges

**This is a suggested list of support that can be implemented within your school/college to create a ‘young carer aware’ environment that promotes identifying and supporting young carers in your setting.**

**Helpful documents**

[ ]  **A young carer passport to complete with the young person to discuss what support they would find helpful in school/college and reviewed termly.**

[ ]  **A young carer card to use within school/college.**

**Identification and assessment**

[ ]  **Use of the MACA and PANOC document.**

[ ]  **Access to a referral form for Lancashire Young Carers.**

[ ]  **Adopt a healthy attitude to illnesses to reduce the stigma attached to mental health and disabilities.**

**Information for young carers**

[ ]  **A named member of staff/key contact for young carers to talk to within school/college.**

[ ]  **Information about wider support for young carers and their families.**

[ ]  **Information about what support school/college can offer to young carers.**

[ ]  **Information and/or posters about young carers on a noticeboard, webpage or included in literature.**

**Emotional support for young carers**

[ ]  **More flexible opportunities to talk with staff.**

[ ]  **A young carers peer support group in school/college.**

[ ]  **Option to access the school/college counsellor or pastoral worker.**

**Practical support for young carers**

[ ]  **Flexibility with homework, detentions, options to contact home.**

[ ]  **Concessions and flexibility with travel to school and after school/college clubs (where appropriate).**

[ ]  **Concessions with school/college trips etc for young carers (where appropriate).**

**Wider support**

[ ]  **Improved and accessible communications with parents/guardians.**

[ ]  **Links with a project worker at Lancashire Young Carers (where applicable).**

[ ]  **Opportunities for young carers to share feedback on their school/college experience.**

[ ]  **Refer/Signpost/Liaise with appropriate agencies (Kooth, CFWS, Barnardo’s etc.).**

[ ]  **Attend a Lancashire Young Carers training session around identifying and supporting young carers.**

[ ]  **Provide assemblies raising awareness of young carers (Lancashire Young Carers can support with this).**

[ ]  **Acknowledge YCAD (young carers action day) in school/college which happens in March.**

