

### Do you have a spare room?

## **Lancashire Supported Lodgings**



#### You could make the difference

Young people who are homeless or who are leaving care are amongst the most vulnerable groups in society, and they don't always have the life experience to take steps to find safe accommodation and begin living independently. They may have no qualifications or financial stability and may not have access to support from their family.



We know that a **supportive**, **stable home environment** can make a huge difference to their chances of moving on successfully,

#### What can I do to help?

Barnardo's is keen to hear from you if you can offer support and a spare room to a vulnerable young person at a crucial time in their life. Of course, each young person is different- but they may need support with:

- finishing education or training
- finding a job
- managing money
- developing life skills such as cooking, housework or laundry
- building confidence in their ability to live independently

supported lodgings As householder, you don't have the same responsibility as a parent or foster parent, and the young person will have their own project worker. You will, however, make a huge difference to their and chances - just welcoming them into your home, taking an interest their wellbeing and encouraging them as they skills the to live gain independently.

During this time, you'll receive a weekly payment and ongoing support from Barnardo's

#### What help will I get from Barnardo's?

Our support begins as soon as you apply to be a lodgings host. We'll guide you through the assessment process and continue to support you after you've been matched with a young person. We offer ongoing guidance and training for as long as you need it.

# Can anyone apply to be a lodgings householder?

Potentially, just about anyone can help a vulnerable young person. If you have a spare room and the time and desire to offer practical and emotional support, you're exactly who we are looking for.



- Single people, couples and families
- It doesn't matter whether you are in full time or part time employment, or not employed. The only requirement is that you can commit the time to support a young person.
- You must be over 21 years old at the time of the application.
- Having current health problems will not usually affect your application.
- All applicants are subject to a Disclosure & Barring Service (DBS) check. People with convictions for violence or offences against children or young people will not usually be considered. Other offences will be discussed with you and may not stop you from proceeding.



## I'm interested

#### What do I do now?

If you have a spare room and think you could give support to a young person, please get in touch to find out more:

#### **Barnardo's Lancashire Supported Lodgings**

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