

Contact us

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Barnardo's transforms the lives of the most vulnerable children across the UK through the work of our services, campaigning and research expertise.

<http://www.barnardos.org.uk/>



Barnardo's Registered Charity Nos 216250 and SC037605



The Haven



Information for referrers

What we do

The Haven is a partnership between Barnardo's, North Lincolnshire Council and North Lincolnshire Clinical Commissioning Group.

We provide a therapeutic service for children and young people up to the age of 18, who are experiencing trauma as a result of significant harm (including sexual, physical, emotional, abuse and neglect). We aim to reduce the short and long-term effect of the abuse.

We offer the following services:

- Assessment for therapy
- One to one therapeutic interventions
- Parent support
- Consultations for professionals
- Training

Criteria for service

- We work with children and young people up to the age of 18 who are residents of North Lincolnshire
- The abuse must have been reported and investigated
- The child/ young person must not be in contact with the perpetrator of the abuse
- The child's basic physical and emotional needs must be consistently met by a parent/ carer (either with or without the support of professionals)
- The person with parental responsibility must have consented to the referral
- The child, young person or family will have received a targeted service prior to our specialist intervention.

How we work

we provide individual and tailored packages of support which are child focused. Interventions may include:

- Psycho-education (information about trauma responses and strategies for managing symptoms)
- Cognitive Behavioural Therapy (CBT)
- Therapeutic play
- Counselling
- Creative arts and therapies
- Emotional Freedom Technique (EFT)
- Eye Movement Desensitization and Reprocessing (EMDR)

Who we are

We are a multi disciplinary team including a consultant Clinical Psychologist, social workers, therapists and counsellors. All staff are qualified and registered as members of their appropriate professionals associations.

Referral process

- We only accept referrals from professionals including Children Services, CAMHS, GPs and health providers.
- To proceed with a referral, you will need to complete a request for service form and arrange for the consent form to be signed by the person with parental responsibility. These should be sent to the Haven together with a recent assessment.
- If the criteria are met, the referrer and/ or family will be invited for a pre-assessment meeting. A decision will then be made about whether or not it is appropriate to proceed to the next stage of the assessment for therapy.
- Please contact us on 01724 847700 if you would like to discuss a case with us