

**Believe in
children**



Barnardo's
Northern Ireland

Is Covid-19 making you
worried or sad?

Are you nervous about
being back at school?

Is your family finding
it tough?

Do you feel anxious for
yourself and loved ones?



Barnardo's NI
See, Hear, Respond
can help you.

Call us or visit our website today

www.barnardos.org.uk/

see-hear-respond-northern-ireland

Or call 0800 157 7015 Monday – Friday 12-7pm