

# Webster-Stratton: The Incredible Years

## Learn to delivery a leading parenting programme: Preventing behaviour problems and strengthening parenting skills

This training is designed to teach participants to use the principles of the Webster-Stratton approach in their individual work with families. It provides participants with a framework and a rationale for helping parents to support their children's development, including the management of difficult behaviour. It will be delivered by Bethan Baker, a trainer with extensive experience in Webster-Stratton, trained in Seattle by Prof Carolyn Webster-Stratton, the author of the programme.

### AIMS OF THE TRAINING:

- To teach the principles of the Webster-Stratton approach to individual work with families.
- To provide a framework and a rationale for helping parents to support their children's development.
- To provide methods to help parents:
  - Manage difficult behaviour
  - Develop positive ways of disciplining children

### WHO SHOULD ATTEND:

Staff from voluntary and statutory agencies working with children and families and who are seeking to facilitate a parenting group within the next 12 months.

**COST OF THE TRAINING: £330** for 3-day training including lunch and refreshments.

### Dates – to be confirmed

Call Liz Bennett on 0117 937 500

Email: [tlcinfosouthwest@barnardos.org.uk](mailto:tlcinfosouthwest@barnardos.org.uk)

Or send your application to: Barnardo's Training Learning Consultancy  
Verona House, Filwood Road, Fishponds. Bristol. BS16 3

## Webster-Stratton: The Incredible Years Application Form

Full Name \_\_\_\_\_

Job Title \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Tel (home) \_\_\_\_\_ Tel (work) \_\_\_\_\_

Mobile \_\_\_\_\_

Email \_\_\_\_\_

Special dietary needs \_\_\_\_\_

Any access or other needs \_\_\_\_\_

Please tick the course you would like to attend:

Date - Venue

Date - Venue

Please send us a cheque for £330 made payable to Barnardo's, or if you would like us to invoice you at the address above, please tick this box

We'd like to keep you in touch about future training opportunities offered through Barnardo's. If you don't want to hear from us, please tick this box

[www.barnardos.org.uk](http://www.barnardos.org.uk)