

**Solution-Focused Practice**  
**16<sup>th</sup> - 17<sup>th</sup> January 2007, Bristol**

Solution-Focused Brief Therapy (SFBT) is a short-term goal-focused therapeutic approach, which helps clients change by constructing solutions rather than dwelling on problems.

This 2-day course provides an excellent introduction to Solution Focused work with children and families. Beginning with an overview of the approach, participants will be taken through its various elements in detail.

Full Name \_\_\_\_\_

Job Title \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Telephone (home) \_\_\_\_\_ Telephone (work) \_\_\_\_\_

Mobile \_\_\_\_\_

Email \_\_\_\_\_

Special dietary needs \_\_\_\_\_

Any access or other special needs \_\_\_\_\_

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