

# Making a Christmas wish



(Ages 7-11)

1. Think about what people need to live. These are the things that no-one can go without, such as food, shelter, safety, health and support from family and friends.
2. Think about what you have – family, friends, food, a home, toys, birthday parties.
  - These are precious things that other children might not have.
3. Activity:
  - Split the class into three groups. These groups represent all the children in the UK.
  - Two of the groups would have everything they needed.
  - One of the groups would be so poor that they are forced to go without at least some of the things they need, such as three meals a day or adequate clothing.
  - Some of these children can't afford to celebrate their birthday or even have their friends round for a snack.
  - Ask the children to count how many are in each group.
4. Read about some of the other problems children in the UK face:
  - Some children do not have a safe home and people who look after them.
  - Some children have no home at all.
  - Some children spend almost all their time looking after a sick relative and have no time to play.
  - Some children are disabled and need special help with their education.

- Some children are treated nastily because of where they or their ancestors are from.

Barnardo's works to try and make sure that all these children have the things that they need.

5. Think of a wish that you can make for other children to make their lives happier this Christmas. Write your wish in the space on the 'Big Bauble' activity envelope.



**Believe in  
children**



**Barnardo's**