

Believe in children



Barnardo's

North East

Barnardo's North East is committed to improving the health and wellbeing of children, young people and their families, and it is our priority to work effectively and efficiently with our partners to deliver this. We have the passion and expertise to develop our work and welcome discussions with prospective partners. We currently run 86 different pieces of work from 39 different sites across the region. Below is a summary of what we are already delivering to improve health and wellbeing.

Physical health

B76 (Hartlepool)

Substance misuse advice and support for young people aged between 13 and 21.

SECOS (Middlesbrough)

Substance misuse advice and help for young people exploited through prostitution.

BhEST (Newcastle)

Substance misuse advice and support for young people aged between 16 and 25.

Byker Sands Family Centre (Newcastle)

Stop smoking support, breastfeeding groups, healthy cooking and oral health programmes.

SCARPA (Newcastle)

Partnership with The Children's Society and Save the Children to deliver drug and alcohol support for young people who have run away from home, been sexually exploited or trafficked.

Sure Start Newcastle East (Newcastle)

Stop smoking support, breastfeeding groups, healthy cooking and oral health programmes.

The Base (North Tyneside)

Physical activities, sports and a healthy, affordable café for young people aged between 16 and 24.

Longbenton Children's Centre (North Tyneside)

Stop smoking support, breastfeeding groups, healthy cooking and oral health programmes.

Sure Start Blyth Valley (Northumberland) (Northumberland)

Stop smoking support, breastfeeding groups, healthy cooking and oral health programmes.

Streetlevel Family Services (South Tyneside)

Drug and alcohol support services for

users, families and carers, HIV support services, needle exchange, drug and alcohol education and awareness-raising training.

ACE (Stockton)

Substance misuse support for young people aged between 12 and 18 at risk of or abused through prostitution, and over-18s outreach work.

Sexual health

B76 (Hartlepool)

Sexual health advice and support for young people aged between 13 and 21.

SECOS (Middlesbrough)

Sexual health advice and support for young people exploited through prostitution and help them to exit from the damaging lifestyle. Preventative work in schools.

BhEST (Newcastle)

Sexual health advice and support for young people aged between 16 and 25.

Newcastle Teenage Pregnancy Support Team (Newcastle)

Advice and support to pregnant teenagers and young parents, including pregnancy decision making, sexual health and contraception.

SCARPA (Newcastle)

Partnership with The Children's Society and Save the Children to deliver sexual health advice and support for young people who have run away from home, been sexually exploited or trafficked.

The Base (North Tyneside)

Sexual health advice and support for young people aged between 16 and 24.

Northumberland Housing Project (Northumberland)

Teenage pregnancy adviser for Wansbeck for young people wanting to live independently.

ACE (Stockton)

Sexual health advice for young people exploited through prostitution.

Streetlevel Family Services (South Tyneside)

HIV support services and sexual health advice for people who use drugs and alcohol.

Emotional wellbeing and mental health

Newcastle Teenage Pregnancy Support Team (Newcastle)

Emotional support, parenting courses and support to access benefits, education, training, employment and childcare.

Easington Active Listening (Durham)

Training in NCFE level three award Counselling Skills and Theory.

B76 (Hartlepool)

Emotional advice and support for young people aged between 13 and 21.

Hartbeat (Hartlepool)

Emotional intelligence work in primary schools including looking at positive mental health, bullying and anger management.

Bridgeway (Middlesbrough)

Therapy and counselling for children, young people and families affected by sexual abuse.

SECOS (Middlesbrough)

Protection, emotional support and counselling for young people exploited through prostitution.

BhEST (Newcastle)

Emotional advice and support for young people aged between 16 and 25 to improve their relationships, wellbeing and aspirations.

Byker Sands Family Centre (Newcastle)

Antenatal and postnatal support and referrals, offering crèche, training and family workshops.

SCARPA (Newcastle)

Partnership with The Children's Society, and Save the Children to deliver emotional support for young people who have run away from home, been sexually exploited or trafficked.

Sure Start Newcastle East (Newcastle)

Antenatal and postnatal support and referrals, offering crèche, training and family workshops.

The Base (North Tyneside)

Emotional advice and support for young people aged between 16 and 24.

Longbenton Children's Centre (North Tyneside)

Antenatal and postnatal support and referrals, offering crèche, training and family workshops.

Sure Start Blyth Valley (Northumberland)

Antenatal and postnatal support and referrals, offering crèche, training and family workshops..

ADHD Service (region wide)

Delivery of Barnardo's 'The Parent Factor in ADHD' parenting programme to parents

and professionals, and awareness-raising training for people working with children with ADHD.

Barnardo's Disability Service North East (region wide)

Short break, temporary and permanent family based care and befriending services to children, young people and young adults who have a physical and/or learning disability.

Disability Access and Inclusion Service (DAIS) (region wide)

Access and inclusion work with disabled children and young people; emotional and practical support for parents of children with disabilities, and sessional day care and short break services.

Orchard Mosaic (region wide)

Counselling and therapy for children and young people affected by sexual, physical and emotional abuse; family bereavement support, and cystic fibrosis.

Streetlevel Family Services (South Tyneside)

Complementary therapies for people who use drugs and alcohol, and a parenting programme for parents who use drugs and alcohol.

ACE (Stockton)

Emotional support and counselling for young people exploited through prostitution.

Young Carers (Newcastle)

Increase resilience and enable better management of caring responsibilities, and offer time out from caring role.

Young Carers (Durham and Derwentside)

Increase resilience and enable better management of caring responsibilities, and offer time out from caring role.

Sungate Parenting Programme (Washington)

Support and guidance for parents of persistent school non-attenders and young offenders. Training includes positive parenting, communication skills and conflict management.

If you would to speak to Barnardo's North East about any of these services that we currently provide, or discuss something new that could meet your needs, please contact Jonathan Ewen, Director of Barnardo's North East.
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