

Barnardo's Eggciting Challenge!

Believe in
children



Barnardo's

Lesson plan Age 7-11

You can fit the lesson plan in with your own timescale and schemes of work.

Lesson Objective:

All children to bring in one boiled egg to look after and care for, for one week. This promotes care and responsibility.

Egg Heads:

- Ask each child to bring in a boiled hen's egg (or alternative for example a papier maché/gingerbread 'egg').
- Decorate individual eggs with human features – a face, hair etc.
- Ask students to personalise the egg and create an egg profile – front page of **My egghead** booklet.
- Explain that the egg will need suitable carrying container, these can then be made.
- Next, in groups or as a class, discuss what human beings need to survive. Also consider social needs. For example nurture, love, stimulation, exercise, relaxation, Maslow's hierarchy of needs.
- Relate to things the children's eggheads would need and introduce **My egghead** home/school booklet.
- Students are encouraged to write daily about where the egg has been and if the child thinks they have been responsible looking after the egg, giving examples.
- Parents are asked to comment each day on whether they think the child has been responsible.
- Talk about the idea of an 'egg sitter' if owner is busy. Discuss crèche for lesson times and/or carers during playtime. Children could take turns during the course of the week.
- Discuss idea of an egg hospital for any accidents.
- Use a spot check. Request children at random to check on egg booklet and egg itself.
- At the end of the week, comment on individual booklets and discuss as a class how the children did and what they have learnt. Place emphasis on care and responsibility and how it is important.

Other activities:

Photo diary of child's egg.

Egg highlight/lowlight of the week.

Success criteria:

I know what people need to survive.

I know how to be responsible.

Downloadable resources for Barnardo’s Eggciting Challenge can be found at www.barnardos.org.uk/eggcitingchallenge

Maslow’s Hierarchy of Needs

According to Abraham Maslow’s hierarchy of needs, everyone has 5 main needs. He illustrates the importance of the needs by using a diagram. The primary need is at the bottom and the least important need is at the top of the diagram.

