

The Post Office® and the News of the World, in conjunction with Barnardo's, are looking for people who do most for children. There's a £5,000 prize for each champion in a range of categories, and £10,000 for Britain's overall Children's Champion. On top of that, the winners and the people who nominated them (and that could mean you) will be invited to a star-studded gala night on London's Park Lane. If you know a hero in your children's life, nominate them now. The categories are on the reverse of this form and full details are at:

[www.childschamps.co.uk](http://www.childschamps.co.uk)

I nominate.....

as a Children's Champion in the  
.....category (see above) because

.....  
.....

(use a separate sheet of paper if you need more space)

Their address and phone number if you know it, but if not, tell us where they work

.....  
.....

Your name.....

Your address and postcode.....

.....

Your daytime phone number.....

Your e-mail if you have one.....

Send your nominations as soon as possible BUT TO ARRIVE NO LATER THAN FEBRUARY 2, 2009, to Children's Champions, News of the World, 1 Virginia Street, London E98 1NW. Or nominate online at:

[www.childschamps.co.uk](http://www.childschamps.co.uk)

We have seven different categories of award designed to cover just about every walk of life. If you know someone who's worked miracles in your child's life, look through these categories and nominate them now.

#### POST OFFICE® AWARD

This award is particularly supported by the Post Office® for one of their colleagues who really delivers for kids. Maybe he or she is the postie you see every day, or a terrific member of a post office team, perhaps the person who brings you your parcels or, in a sorting office, the one who goes the extra mile so that kids' scrawled envelopes get to the right address.

#### MEDICAL AWARD

For any health worker who's done miracles for kids. It may be a surgeon, a nurse, a GP, home visitor, a hospital cleaner - the list is endless.

#### 999 AWARD

For any police officer, fire or ambulance crews, or any emergency services member who works hard for kids. Maybe they saved your child's life when all hope was lost.

#### CHILDREN'S AWARD

For a youngster, aged 16 or under, who helps other young people, perhaps by example, maybe through fundraising or by caring heroically for other kids in the family.

#### SCHOOLS AWARD

For someone who works tirelessly against all the odds to make your kids' school life better - anyone from the cleaner to a special teacher, from lollipop lady to headmaster.

#### SPORTS AWARD

As we move towards the 2012 London Olympics, this recognises inspirational people who dedicate their lives to helping young people in grassroots sport.

#### INDIVIDUAL AWARD

For any member of the public who has provided outstanding help to children in general. Previous winners, for example, have included a brilliant foster mum and a lady who protects abused youngsters. The judges also reserve the right to make extra awards at their discretion.

For fuller details - or to nominate online - go to

[www.childschamps.co.uk](http://www.childschamps.co.uk)