

## Feedback from Children and Young People

*"I could let my worries and feelings out without feeling embarrassed and I knew the worker understood."*

*"I got help on how to control my fears."*

## Feedback from Parents/Carers

*"Brilliant service would recommend to anyone."*

*"Friendly professional service..We could see improvement after each session..my daughter was enthusiastic about going along each week."*

## Training & Consultations

Various training packages are available and can be tailored to suit your needs.

Consultations can also be provided to support parent/carers and professionals to better help and understand a child or young person's needs.

## Contacting Us

Anyone can contact the service directly for advice, information or support.

Barnardo's Child Bereavement Service

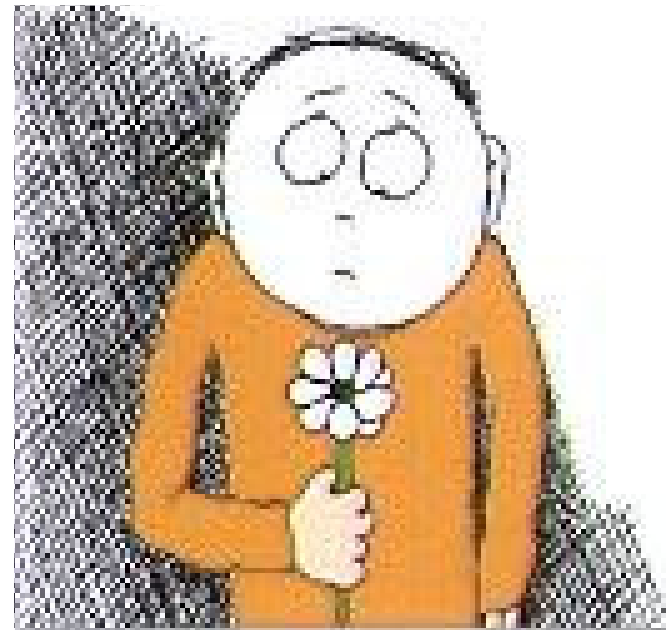
453 Ormeau Road

Belfast BT7 3GQ

ADMIN LINE: 028 9069 4000

**ADVICE LINE: 028 9064 5899**

[www.barnardos.org.uk/childbereavementservice](http://www.barnardos.org.uk/childbereavementservice)



# A Guide to Barnardo's Child Bereavement Service

# Barnardo's Child Bereavement Service

Barnardo's Child Bereavement Service was established in June 1998.

The service provides:

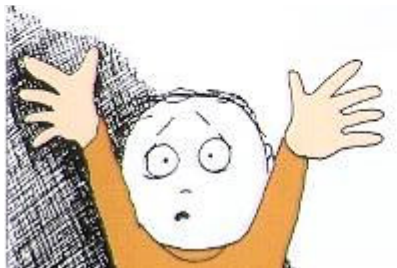
- An Advice Line which any adult who is concerned about a bereaved child can contact for information and advice.
- Training and information sessions for parents and professionals to assist in developing methods of helping bereaved children.
- Individual and group support to children and young people up to the age of 18 who have been bereaved.
- Consultations with parents/carers and professionals.

## Basis and Values

Like many organisations, Barnardos has a set of principles and values which inspires its work and relationships. Barnardos is an organisation whose inspiration and values derive from the Christian faith.

The values listed below are enriched and shared by many people of other faiths and philosophies and provide the basis of our work with children and young people, their families and communities.

- ◆ Respecting the unique worth of every person
- ◆ Encouraging people to reach their potential
- ◆ Working with hope and exercising responsible stewardship



# Individual Sessions for Children & Young People

*What will happen?*

At the first appointment a child/young person will come to meet the child bereavement worker with a parent/carer. You will have the opportunity to share information about your own bereavement and any worries or concerns that you may have. We will explain how we work using various methods and agree parental consent. We will also provide information on the following:-

- Confidentiality
- Recording & Open Access
- Data Protection
- Complaints Procedure

*Who brings the child/young person?*

All children and young people are accompanied to each appointment by a trusted adult to ensure that they are supported after each session. Waiting facilities are available on the premises. It is our belief that for each child to progress through their grief, it is important that their family is part of the helping process. As a parent/carer using the service you should feel involved and you will have the opportunity to discuss any issues or concerns at each session.

*How long will the work take?*

Everyone's experience of bereavement is very individual and so we work at the child/young person's pace. Parent/Carers are kept informed of their child's progress on an ongoing basis. Many children and young people may need to revisit the service at different developmental stages in their lives or when life changes occur; contact can be made again if the need arises.

