

Barnardo's Care and Share Challenge

Believe in
children



Barnardo's

Lesson plan (3 part)

Age 4-7

You can fit the lesson plan in with your own timescale and schemes of work.

Lesson Objective 1:

To understand the value of friendships.

To understand why we should be friendly and make people happy.

1. Discuss what a friend is. Reinforce sensible suggestions by writing them on the board.
2. Ask children to write their friends' names and draw pictures in the 'My friends' workbook.
3. Discuss why friends are important. How do they help?
Ask children to give examples from stories, cartoons, TV etc. Prompt them with pictures or ideas, eg. Batman and Robin.
Ask them to give examples from their own lives.
4. Discuss what it feels like if someone is not very nice to you.
Ask the children to think of reasons why you should always try to be nice to people.

Homework

Set the children their challenge, which is to be a good friend to someone every day of the week.

- They should ask people to sign to say they have been a good friend.
- For a more challenging activity ask them to be friendly to at least one person they don't know very well.
- Ask them to take their envelopes home and get family and friends to sponsor them to be a good friend all week.
- They should bring back envelopes and sponsorship money for the follow up lesson (normally at least a week later).

Extension

- Ask the children to fill in the rest of the 'My friends' workbook to reinforce what they have learnt.
- Ask the children to make a collage combining famous friends from cartoons, TV etc. with their own friends.

Success Criteria:

- I know why friends are important.
- I know why we should be friendly to others and make others happy.

Lesson Objective 2:

To design and produce a friendship badge.

1. Ask the children to design badges to give to friends. These should make friends feel happy during the week and show them how important they are. Use the 'Making a Badge' sheet to give them ideas and show them some sample badge designs.
Show the children what they can use to design their badges. Have a box of old magazines, colouring pens, glitter and other items prepared.
2. Supervise the badge-designing. Make sure that children are using scissors and glue safely.
3. Ask the children to choose their favourite design to make a real badge. Give them the blank badge and supervise the badge-making.
Tell them that the best badge will be chosen at the end of the week.

Success Criteria:

I have designed and produced a friendship badge.

Lesson Objective 3:

To understand the value of caring for others.

To understand that hard work and achievement are rewarded.

This lesson is a follow up to both previous lessons. The children should return their envelopes and sponsorship money for this class, which should be at least a week after the first lesson to give them time to collect donations.

1. Class discussion: What things did you do to make other people happy?
How did people feel when you were friendly towards them?
2. Discuss whether family and friends thought it was a good activity.
3. Ask the children to choose a winning badge design.
4. Display the badges on the classroom wall.

Success criteria:

I understand the benefits of being nice to people.

I understand that people who work well at school are rewarded.

Benefits of lessons:

Demonstrates National curriculum objectives through Citizenship, Art and Design and Literacy.

Helps the school's Anti-bullying programme.

Cross curricular links/other Activities

Literacy – listening to a variety of stories about friends, role-playing characters in stories, reflective writing, creative writing, poems/rhymes about friends.

Art and Design – observational drawing, collage of your friends and famous friends, poster design, badge design and construction.

Drama/Music – musical composition of friend song, friend game.

Citizenship – group discussion and nature of task encourages children to think about others' feelings, reinforces their sense of social responsibility and makes them aware of their role within the school community.