

How to boil an egg

Always ask an adult to help.

- 1.** Pour enough water into a saucepan so that it will cover the egg (but don't put the egg in yet).
- 2.** Turn the heat on.
- 3.** Wait until the water is boiling. Put the egg in using a spoon as the water is VERY hot. Be careful not to touch the water or the pan.
- 4.** Leave the egg to boil for eight minutes.
- 5.** Turn the heat off and leave egg to cool down for at least an hour, until it's cold.

Your egg is now ready!

