What we do because we Believe in children
Barnardo’s Northern Ireland
I am very proud to be the Director of Barnardo’s Northern Ireland. Dr Thomas Barnardo founded his charity in 1866 on the belief that every child deserved the best possible start in life whatever their background and that is still our philosophy today.

Through the pages of this directory you will discover the breadth and scope of our work in Northern Ireland from fostering to supporting young people vulnerable to sexual exploitation to providing a range of educational support programmes. We also actively champion children’s rights.

We couldn’t do all this without our dedicated staff, our volunteers and the support we receive from fundraising, donors, funders and the income generated from our shops.

I hope you will find this directory useful. For further information please visit www.barnardos.org.uk/northernireland.

Lynda Wilson
Director Barnardo’s NI
In NI we:

- have over 40 services for children and young people
- work in over 200 schools
- have over 500 volunteers
- have over 30 shops

We have an advice line for parents/carers supporting bereaved children.
**Tel: 028 9066 8333**

Our ‘**Dr B’s Kitchen**’ trains young people with learning disabilities for a career in hospitality. (see page 22)

Our first project in NI was a soup kitchen in 1899

Dr Barnardo was born in Dublin in 1854
Child Sexual Exploitation

We have a regional service that supports children and young people aged 12-18 who are vulnerable to sexual exploitation/going missing. We have pioneered this work since 2001 and have worked with an increasing number of children and young people since then to help them rebuild their lives.

If you are concerned about a young person please contact Safe Choices Tel: 028 9065 8511 visit our website or visit: www.safertoknow.info
Children Affected by Parental Imprisonment

There are over 5,000 children with a parent in prison in NI and they can be the forgotten victims of crime. We know how important it is for the parent/child relationship to be maintained while a parent is in prison and we provide a series of child-centred parenting programmes and child focused family visits across all three prisons. In Maghaberry HMP we run a specialist programme which provides an intense 26 week programme and provides an extended family visit once a month.
Leaving Care

For many young people who have been in the care of Social Services the transition to adulthood and independent living can be difficult and can come much sooner than is the case for their peers. To help young people make that transition we offer supported-accommodation in Ballymena, and both supported accommodation and a floating support service to young people in their own accommodation in Belfast.
Early Years

We deliver a range of services that support vulnerable children under the age of five and their families. In particular we deliver programmes and early interventions that support and enable parents to give their baby the best start in life such as: Incredible Years and Five To Thrive which recommends five things to do every day to help your baby develop: Talk, Play, Relax, Cuddle, Respond.
Our Professional Fostering Service has been operating for over 35 years and is available across NI. We provide various types of foster placements; long-term, short-term, emergency, short breaks, and most recently parent and child. Our foster carers come from all walks of life and we welcome all applications, regardless of your race, religion, sexuality or marital status. However, you must be over 21 and have a spare bedroom in your home. For more information T: 028 9065 2288.
Employment, Training and Skills

Over 36,000 young people in NI wake up every morning without a place in education, employment or training. Behind each statistic is a unique and personal story. Many young people require support to overcome the barriers that stand between them and a job. Our Dr B’s Kitchen trains young people age 16-23 with learning disabilities to enter the hospitality industry by building their employability skills, preparing them for the workplace and maintaining strong links with employers.
The Big Picture

Influencing

Through our service delivery, research projects and evaluation we promote children’s rights and identify key issues impacting on children, young people and families. In turn we progress the evidence-base and learning from these to usefully influence change at both a policy and practice level. We work collaboratively across all sectors and political parties to achieve positive outcomes for children. Our publications and priority influencing updates are available online.
Fundraising

Dr Barnardo set up the first ever children’s charity when he asked the Victorians to show their support for his work through donations. Today we still depend on donations from the public. We raise funds in communities, in schools and in partnership with corporate organisations. We also ask people to consider leaving us a gift in their will. More information on how to support us through fundraising is available on our web pages.
Media

We work across all media outlets including social media to promote our work and raise awareness of children’s issues. We also highlight our fundraising activities, celebrate our volunteers and promote our shops. We support children and young people to talk to the media about issues that matter to them and give them a positive voice. In a recent survey 95% of people in NI had heard of Barnardo’s.

/BarnardosNI
@BarnardosNI
Volunteering

Volunteers bring an added quality to the work we do. For any child or young person knowing someone is giving up their time for them makes a huge difference. Volunteers can help turn lives around. We need volunteers with a wide range of skill sets to support our children’s services, help in our shops and support fundraising. For more information contact our Volunteering Advisor on T: 028 9067 2366 or visit our web pages.
Retail

Barnardo’s NI has 33 shops including three donation centres and two dedicated children’s stores. The funds raised in our shops are vital in supporting our work with children. Every penny of profit raised in the shops is spent directly on our work in NI. The shops are always in need of donations of good quality clothes, household goods, furniture etc. Find your local store online.
TRUST AREAS IN N.I.

1. Northern HSCT
2. Belfast HSCT
3. South Eastern HSCT
4. Southern HSCT
5. Western HSCT
6. NI Wide
Adolescent Fostering Partnership

Supported fostering placements for 12-18 year olds.

Shankill Wellbeing & Treatment Centre
83 Shankill Road
BELFAST
BT13 1PD
Tel: 028 9504 0302

All Stars

A school based programme for 8-14 year olds. The aim of All Stars is to prevent or delay high risk behaviours through raising pupil aspirations.

542-544 Upper Newtownards Road
BELFAST
BT4 3HE
Tel: 028 9067 2366
Armagh & Dungannon Family Resource Centre

Assessment, therapeutic and preventative services for families and children aged 0-12.

The Doctor’s House
39A Abbey Street
ARMAGH
BT61 7DY
Tel: 028 3752 2380

Armagh Young People’s Partnership

Supporting young people aged 13-18 years in need and at risk.

15 Abbey Street
ARMAGH
BT61 7DX
Tel: 028 3751 0122
Child Bereavement

Supporting children, young people and their families/carers who have been bereaved including those bereaved through suicide or traumatic death. An advice line is also available for parents/carers.

23 Windsor Ave
BELFAST
BT9 6GE
Tel: 028 9066 8333

And

36a Westland Road
MAGHERAFELT
BT45 5AY
Tel: 028 7963 1344

Advice Line: 028 9066 8333
Children’s House

Residential unit for up to 6 children aged 5-12 years. An integrated service with Professional Fostering.

c/o The Integrated Service
230b Belmont Road
BELFAST
BT4 2AW
Tel: 028 9065 2288
Choices for Children
- Forward Steps
- Home Links
- Play for All

Short breaks, autism support and information and inclusion of disabled children in community services.

230c Belmont Road
BELFAST
BT4 2AW
Tel: 028 9065 8105

Choices Family Support

Family Support Service in the Northern Trust for young people aged 10-17 and their parents. Supports include individual work, group work and volunteer mentoring.

36a Westland Road
MAGHERAFELT BT45 5AY
Tel: 028 7963 1344
Collective Impact Project

Facilitating collaboration between schools, statutory and community partners to achieve shared outcomes. Knowledge transfer of prevention and early intervention and implementation of evidence-based programmes. Based in North Belfast and one other site to be confirmed.

542-544 Upper Newtownards Rd
BELFAST BT4 3HE
Tel: 028 9067 2366

Craigavon & Banbridge Parenting Services

Parenting assessments for families and children.

Unit 4
Legahory Centre
CRAIGAVON BT65 5BE
Tel: 028 3831 1450
Disabled Children and Young People’s Participation Project

Facilitates the participation of young disabled people aged under 25 in children’s services planning processes.

Grange Building
Towerhill
ARMAGH BT61 9DR
Tel: 028 3741 4541

Domestic Violence Practice Development

Risk assessment training and consultancy to professionals working with children and young people affected by domestic violence.

230 Belmont Road
BELFAST
BT4 2AW
Tel: 028 9065 3020
Dr B’s Kitchen

Training young people with learning disabilities for employment in the hospitality industry.

9 Bridge Street
BELFAST
BT1 1LT
Tel: 028 9032 1213
/f/drbskitchen
/@drbskitchen

East Belfast Family Connections

A range of support services in 12 nursery, primary and post-primary schools in East Belfast; early years, transition support, family support, family learning and community links.

Tullycarnet Primary School
Kings Road, BELFAST BT5 7EH
Tel: 028 9041 9069
Family Group Conferencing

Harnessing of extended family strengths to support and protect children.

The Doctors House
39 Abbey Street
ARMAGH BT61 9HD
Tel: 028 3752 8102

G-Old Community Partnership Sure Start

Support for parents with young children from the antenatal period to 4 years old to help give them the best start in life and to prepare for school.

3rd Floor, Loy Buildings
18 – 24 Loy Street
COOKSTOWN
BT80 8PE
Tel: 028 8676 9994
Hero Books

Art exercises and autobiographical storytelling. Group and individual work. Designed to build resilience and help deal with specific problems and feelings.

Horizon Sure Start

Support for parents with young children from the antenatal period to 4 years old to help give them the best start in life and to prepare for school.

Sunnylands Primary School
Sandes Court Entrance
CARRICKFERGUS
BT38 8JJ
Tel: 028 9335 9734
ICSS
(Independent Counselling Service for Schools)

Counselling for young people in special schools in Limavady and Coleraine.

36a Westland Road
MAGHERAFELT
BT45 5AY
Tel: 028 7963 1344

Incredible Years Series

Designed to promote emotional and social competence in children aged 2-12, improve parenting confidence and parent/child relationships

- Dina Dinosaur Curriculum
  4-8 year olds including Looked After Children
  Promotes social skills, problem solving and emotional language
- **Basic Parenting**
  Promoting children’s social competence and reducing behaviour problems through play, and effective praise

- **Parent and Baby**
  Becoming a parent, communicating with baby, physical and visual stimulation, reading baby’s cues, gaining support

- **Teacher Classroom Management**
  Positive classroom management
  Praise and encouragement
  Use of Incentives
  How to teach empathy, social skills and problem solving
Jigsaw

Based in four schools in the Ballymena area supporting parents towards improving education standards for their children.

36a Westland Road
MAGHERAFELT
BT45 5AY
Tel: 028 7963 1344

Leaving Care

Provision of semi-independent accommodation and support for young people leaving care in Belfast and Ballymena.

Somerset House
234 Ormeau Road
BELFAST
BT7 2FZ
Tel: 028 9064 4335
Lifeskills

LifeSkills is a highly effective evidence-based prevention programme for children aged 8-14 years. LifeSkills concentrates on a preventative approach which shares age appropriate information with young people in providing them with the skills, knowledge and experience necessary to make healthy choices.

1c Beechill House
42 Beechill Road
BELFAST
BT8 7RL
Tel: 028 9079 0133
Newry Young People’s Partnership

Supporting young people aged 13-18 years in need and at risk.

15 St Coleman’s Park
NEWRY
BT34 2BX
Tel: 028 3026 3135

Newry Family Resource Centre

Assessment and therapeutic preventative services for families and children aged 0-12 years.

Lisdrum House
Chequer Hill
NEWRY
BT35 6DY
Tel: 028 3026 0668
Newtownabbey Family Connections

Based in five schools in the Newtownabbey area supporting families to live and learn well through, crèche and early years programmes, transition support, active dads, parenting programmes, family support and family learning.

Newtownabbey Community High School, Rathcoole Drive, Whitehouse, NEWTOWNABBEY Co Antrim BT37 9AD
Tel: 028 9036 4688

NOVA Trauma Support

Therapeutic support to individuals and families affected by psychological trauma.

10 Church Street
BANBRIDGE BT32 4AA
Tel: 028 4062 8758
Parent and Infant Project (PIP)

An outreach programme for children 0-3 and their parents/carers which is delivered in community venues. A tier two, home based Family Support Service for children 0-18 and their families.

Unit 5, Crescent Business Park
Enterprise Crescent
LISBURN BT28 2GN
Tel: 028 9260 7537

Parenting Matters

Support and information to parents/carers in prison on how to maintain and develop family relationships. Also a range of publications for families coping with separation due to imprisonment.
The PATHS® Programme for Schools (UK Version) is a universal schools programme for 4-11 year-olds, which empowers all children to develop the fundamental social and emotional learning skills which will enable them to make positive choices throughout life.
PATHS® Plus

Incorporating the universal PATHS® Programme for Schools (UK Version) and a targeted intervention called Friendship Group, PATHS® Plus is able to provide intensive support for children with specific social and emotional needs.

1c Beechill House
42 Beechill Road
BELFAST BT8 7PU
Tel: 028 9079 0133

PHAROS

Therapeutic support services to children and families affected by parental substance misuse.

23 Windsor Avenue
BELFAST BT9 6EE
Tel: 028 9066 3470
Professional Fostering

Recruiting and supporting foster carers for children with extra needs.

230b Belmont Road
BELFAST
BT4 2AW
Tel: 028 9065 2288

Pyramid Clubs

Evidenced based programme aimed at quiet, shy and anxious children 7-12 years. Low key, fun, non-clinical, low cost, includes group activities. Especially beneficial at times of transition.

Tel: 028 9260 7537 / 028 9067 2366
Ready To Learn

An after-school literacy programme for primary school children aimed at raising achievement. Offers a range of support for parent/carers to reinforce children’s learning at home.

542-544
Upper Newtownards Road
BELFAST
BT4 3HE
Tel: 028 9067 2366

Restorative Practice in Residential Care

Enabling young people to maintain and restore relationships and reduce offending behaviours.

230b Belmont Road
BELFAST BT4 2AW
Tel: 028 9065 8511
Safe Choices

Support for children and young people who are going missing from home or care and are being sexually exploited.

230b Belmont Road
BELFAST BT4 2AW
Tel: 028 9065 8511

School’s Programme

Providing emotional, educational and social support to children and a range of parenting programmes to nursery, primary and post primary schools in the Greater Falls and Upper Springfield areas of West Belfast.

234 Somerset House
Ormeau Road
BELFAST
BT7 2FZ
Tel: 028 9064 5425
School Based Intervention

Providing evidenced based programmes with emotional, educational and social support to children (Incredible Years DINA and Pyramid) and a range of Incredible Years parenting programmes to nursery and primary schools in a range of locations.

First Floor, Somerset House
232 – 234 Ormeau Road
BELFAST
BT7 2FZ
Tel: 028 9260 7537
A-Z

Simpson Family Resource Centre

Assessment and therapeutic preventative services for families and children aged 0-12 years.

Simpson Family Support

Early intervention to families in the community.

Simpson - What About Me?

Therapeutic service for children aged 5-12 years who have been affected by domestic violence or emotional abuse. Service provides both recovery and safety work for children.

Simpson House
40 Manse Road
BANGOR BT20 3DE
Tel: 028 9127 1538
Strabane Family Centre

Assessment and therapeutic preventative services for families and children aged 0-12 years in need or at risk.

Strabane Sure Start

Support for parents with young children from the antenatal period to 4 years old to help give them the best start in life and to prepare for school.

2 Melmount Road
STRABANE
BT82 9BT
Tel: 028 7138 2658
Time 4 Me

School-based counselling and wrap-around support service to increase emotional well-being and improve learning potential for pupils in primary, special and post-primary schools.

Somerset House
234 Ormeau Road
BELFAST BT7 2FZ
Tel: 028 9064 6515

Tuar Ceatha

Support for black and ethnic minority families including direct family support, community development, awareness raising and capacity building around BME issues.

23 Windsor Avenue
BELFAST BT9 6EE
Tel: 028 9066 8766
Tuar Ceatha
Family Learning and Integration Hub

Language support, parent support and community integration through two primary schools.

23 Windsor Avenue
BELFAST
BT9 6EE
Tel: 028 9066 8766

Travellers’ Early Years Service

Services for Young Traveller children and their parents.

230c Belmont Road
BELFAST
BT4 2AW
Tel: 028 9065 8105
Willowgrove Service

Residential short breaks, daycare and community-based services for 5-17 year olds with a learning disability.

44 White Acres
BANBRIDGE
BT32 4HZ
Tel: 028 4062 6109

Windsor Avenue Family Resource Centre

Assessment and therapeutic preventative services for families and children aged 0-12 years.

23 Windsor Avenue
BELFAST
BT9 6EE
Tel: 028 9066 7586
Young Carers

Counselling and support for young carers.

36a Westland Road
MAGHERAFELT
BT45 5AY
Tel: 028 7963 1344
Believe in children

Barnardo’s Northern Ireland

www.barnardos.org.uk/northernireland

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Belfast BT4 3HE
Northern Ireland
Tel: 028 9067 2366
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