



Annual Review 2016

**Believe in
children**
 **Barnardo's**



Foreword



What a time to be Chief Executive of this great charity. Our 150th anniversary year was a unique opportunity to both recognise our past, and look forward to an exciting future. This review celebrates our achievements over the past 12 months.

In my travels, I've witnessed first-hand how our services support the lives of the most vulnerable in society. I've been humbled to see what people go on to achieve with our support and encouragement.

Over the last year we reached more than 248,000 children, young people, and families through our 996 services. So in this year's review, we can show

the impact our work has had in each region of the UK. We can also share some truly inspiring stories about the people we support, and how we've helped them transform their lives.

We couldn't do what we do without our brilliant staff and volunteers, or the generosity of our campaigners and fundraisers – people who give their all, day in, day out, to the cause we stand for.

We've come a long way since our 1866 beginnings in the East End of London. But our commitment to Thomas Barnardo's vision is as resolute as always: 'no child should ever be turned away'. It's a commitment that has seen Barnardo's develop into the UK's largest children's charity. And I'm proud to be part of it.

A handwritten signature in black ink that reads "Javed Khan". The signature is written in a cursive style with a horizontal line under the name.

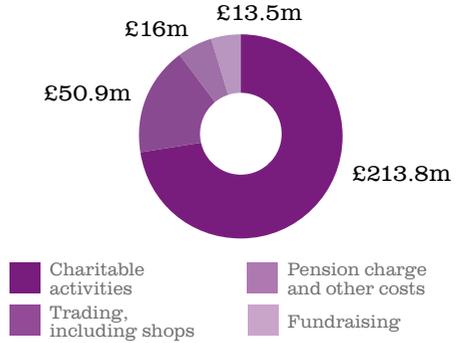
Javed Khan
Chief Executive

Our year

The past year has seen challenges we've faced with confidence, and even greater opportunities we have seized. Our UK-wide services now reach more children, young people and families than ever before, as we continue to support the most vulnerable in society.

Total income: £298.7m

Total expenditure: £294.2m



248,000



Number of children, young people, parents and carers we worked with

162,400



Number of people who accessed our Children's Centres

£64.0m



Income from trading, including shops

2,808



Number of young people seen by our leaving care services

5,000+



Number of young people and family members supported by 40 CSE related services

679



Number of Barnardo's shops (89 more than last year)

161,000



Number of Twitter followers

3,150



Number of young people supported with employment and training

996



Number of Barnardo's services across the UK

18,000



Number of Barnardo's volunteers

Top 100



In the top 100 employers in Stonewall Index

£42.4m



Donations including gifts in Wills & other fundraising

Wales

Our achievements over the last year

Along with Action for Children, NSPCC, Children in Wales and The Fostering Network, we called on the Government for an improved vision for looked-after children and care leavers. This included calling for a rights-based approach to care, with a focus on better outcomes, emotional wellbeing, and stability. We have now been asked to join the

Government's new steering group for improving outcomes for children.

We used our experience of working with children and young people affected by CSE or abuse, and those who display sexually harmful behaviour (SHB), to develop a support package that brings our services for these groups together. The package – 'Better Futures' – will give more flexible, tailored

support through consultation, assessment, training and intervention.

We also secured funding to work with the Children's Social Care Research and Development Centre at Cardiff University. We will research, develop and pilot an innovative prevention and early intervention approach to CSE and SHB. The centre will then use it to create an early intervention toolkit for social care services across Wales.

At a glance

- We worked with over **9,870*** children, young people and families across **88** services.
- We won contracts to the value of **£7,258,951**. Of this total, **43 per cent** allowed us to continue offering established and vital services across Wales, and **57 per cent** contributed to the development of new services.



England

Our achievements over the last year

This year, we increased our support services for children and young people who are victims, or at risk, of child sexual exploitation (CSE). We set up 'hub and spoke' services with NSPCC across six London Boroughs, and more CSE support services (as well as domestic violence and missing services) in the south west and Anglia.

We also established a large service in Rotherham to build on the work we've been doing there since 2013. It will act as an early intervention model to support those affected by CSE, and includes an extra 15 specialist workers who will help the children and young people involved rebuild their lives.

We also made good progress with supporting more children and young

people with their health and wellbeing. We set up two new Child and Adolescent Mental Health Services (CAMHS) in the West region, as well as a new emotional health and wellbeing service in Solihull. And, we teamed up with Oxfordshire NHS to deliver CAMHS in Buckinghamshire – which we hope to roll out to other areas as well, including Oxfordshire.

At a glance

- We worked with **207,929*** children, young people and parents across **403** services.
- We opened **112** new services across the five regions.
- We won contracts to the value of **£28,079,788**. Of this total, **35 per cent** allowed us to continue offering established and vital services in communities across England, and **65 per cent** contributed to the development of new services.



Northern Ireland

Our achievements over the last year

As part of our Realising Ambition grants, we delivered three innovative and evidence-based programmes of early intervention and prevention this year. The 'PATHS' project focuses on social and emotional learning. 'LifeSkills' concentrates on preventing substance misuse and 'All Stars' aims to prevent young people engaging in behaviour that could put them at

risk. By the end of the year, we reached over 35,000 eight to 14-year-olds across the UK.

We were part of a consortium set up for the first intake of Syrian refugee families who arrived from Lebanon. We welcomed these very vulnerable families as they arrived in Belfast, and appointed key workers to support them as they navigated new communities, schools and medical systems. We have since had

another two intakes of families and will continue to help them integrate into local communities so they feel safe and secure.

We also started social investment initiatives in the south east and west of Northern Ireland this year. They provide a range of early intervention and family support services, and will reach more than 1,100 children, 3,300 parents and 100 teachers over two years.

At a glance

- We worked with **14,981*** children, young people and parents across **110** services throughout the year.
- We continued to develop our presence in schools – now delivering in **150** schools across Northern Ireland.
- We won contracts to the value of **£3,591,993** – we gained **19** new services and secured **4** existing services.



Scotland

Our achievements over the last year

At Onslow Drive in Glasgow, we opened another brand new three/four bed unit for care leavers.

Onslow Drive provides a safe and caring home for care leavers referred by Glasgow City Council and surrounding local councils. It gives them the support, confidence and encouragement they need for a smooth transition into adulthood.

In December 2015 – after three years of campaigning alongside our partners (Families Outside and NSPCC) – we secured an amendment to the Criminal Justice (Scotland) Bill. The change means that every parent who receives a custodial sentence will be asked about their dependent children, and information will then be sent to each child’s teacher or health visitor.

This is a huge step forward – it’s the first legislation specifically designed to support children affected by parental imprisonment in the UK.

To celebrate Barnardo’s milestone year, we kicked off our 150th anniversary celebrations with a special *Showtime* ball in March 2016. It was a spectacular success. We raised £175,000 – a new record!

At a glance

- We worked with **10,790*** children, young people and parents across **140** services.
- We opened **18** new services across seven localities.
- We won contracts to the value of **£3,299,635**. Of this total, **52 per cent** allowed us to continue offering established and vital services in communities across Scotland and **48 per cent** contributed to the development of new services.

*Figures do not include some centralised initiatives such as Employment Training and Skills services and Family Placements.





Jessica

I am 10 years old and have three sisters. One has Asperger's and ADHD and sometimes my mum has to sit with her for hours.

It's a bit hard as I have to keep my younger sisters out of the way and hope they don't say anything to make more stress. I hold their hands and whisper to them when they ask what's wrong.

It can be embarrassing when we are out, at the shops or in a café, and people stare and whisper because my sister is screaming. Sometimes her

tantrums can go on for hours.

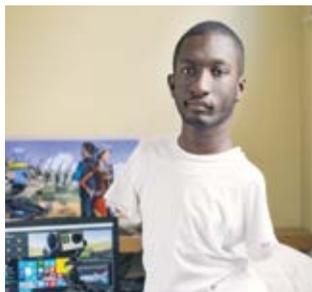
I help in the school yard at break times and sometimes my sister runs away and starts crying and I have to call a teacher.

So I have to be there to help at home and at school. I'm anxious about what will happen now I'm starting secondary school and won't be there for her, because sometimes people are not the nicest to her.

Being part of Barnardo's Young Carers means I get a break. They organise trips out and they give me time to talk about things – I really enjoy it.

I CAN TALK TO THEM ABOUT WHAT IT'S LIKE AND THEY UNDERSTAND.

We went to Oakwood theme park once and it was amazing. It was good to get away for a while. I have one-to-one chats too with my project worker, and can talk about how I feel. I also get to meet other children with brothers and sisters like mine so I can talk to them about what it's like, and they understand.



Isaac

I'm 20 years old now and I've been part of Barnardo's since primary school. I have a physical disability and Barnardo's has helped me gain more independence, by getting me away from home and involving me in all sorts of adventures and activities.

My deputy head teacher nominated me to carry the Olympic torch in 2012. Being on the bus preparing to be the torch-bearer, I was very nervous. But the moment I got off that bus and saw all my friends and family, I felt so

good. When I picked up the torch, it felt as though I was going up to the podium to collect my medal at the Games.

What people don't realise is that even though I may not be able to walk, jog, sprint, do a belly flop or anything like that, I am able to get around in my chair, and it gives me a chance to have that equality.

At home, I love playing computer games because it gives me such a variety of different experiences. I play them all and I'm really good at racing games. I play these

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games to feel equal. If everyone else plays them, why can't I? People may see me and think that I wouldn't be able to do certain things, but I've been able to prove them wrong.

We all have a barrier. If we remove it, anything is possible.



Abi

I was in care from the age of 14 and moved to Barnardo's Leaving Care Service when I was 17. It was terrifying, really terrifying. I was crying the day before, saying I didn't want to go. I had big attachments with the staff at the children's home and it was like starting all over again. I was worried what the other kids were going to be like, you just don't know.

At Leaving Care it's semi-independent living and, you have to do everything. There's no one making you dinner. But being terrified

disappeared really quickly. If I needed anything it was a question of asking. The staff always tried to help even if it was something they didn't know about. I could talk to Angela, my Support Worker, about anything.

Through Barnardo's I've had so many opportunities, like getting to London, meeting politicians, trying to make things better for kids coming behind by helping with strategy plans. Not every kid gets to do that. I also baked the cake for Barnardo's 150th

THE STAFF ALWAYS TRIED TO HELP EVEN IF IT WAS SOMETHING THEY DIDN'T KNOW ABOUT.

anniversary, which was presented to the Duchess of Cornwall at Buckingham Palace – I really thought I was dreaming! If I wasn't in Barnardo's, I wouldn't have had that opportunity. Barnardo's has always encouraged me. No one ever once put me down. Barnardo's is freakin' awesome.



Jordan

I've been in care since I was four with different foster placements. I've been at 11 primary and three secondary schools – always the new kid. When I was 16, I left supported care but I had no one I could live with. But then I was introduced to Barnardo's Lothian Supported Carer Scheme and Joanna, my carer.

The scheme helps you learn life skills – like cooking, cleaning, budgeting organising and finding employment. Joanna supported me way beyond what I expected, getting up early to make sure was ready for work, helping me

write my CV, look for jobs, apply for grants, shop for clothes and prepare for interviews. She even came with me to some of them.

Joanna is an artist with bags of enthusiasm. I really like being in her workshop, where I've been involved in many projects including the creation of a large art installation, building sets and helping with smaller local community arts projects.

The carers in the scheme help those who haven't had the best start in life fulfil their full potential. I have my own place now and a job, but

WHEN I WAS 16, I LEFT SUPPORTED CARE BUT I HAD NO ONE I COULD LIVE WITH.

I'm still in touch with Joanna. We've become good friends and she's always there for me if I need her.

When I tell people I was in care, they don't believe it. They say I don't look or act like someone who's been in care. I'm a pretty positive person and make friends easily, but the support from Barnardo's has definitely helped me get where I am today.

We would like to thank all our supporters including those who kindly left a gift in their Wills and those listed below, for their generous support over the last financial year (April 2015 to end of March 2016).

Corporate donations

AF International, Aldi Stores Limited, Balfour Beatty plc, Bank of Ireland, BEKO plc, BlueBay Asset Management, Bregal Investments LLP, Briggs Equipment UK, Build-A-Bear Workshop, Carillion plc, Citibank, Dunelm (Soft Furnishings) Ltd, GE Capital, Goldman Sachs, Hallmark Cards, Herald & Times Group, John Lewis Partnership, Lotto Scotland Ltd, Next plc, Ogier, Prestige Gifting Ltd, Promethean World plc, Santander, Screwfix Direct Ltd, Squire Patton Boggs, SurveyMonkey, Sweets for Life, Tesco Bank, Travelers, The Royal Bank of Scotland Group plc, Willis Towers Watson.

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