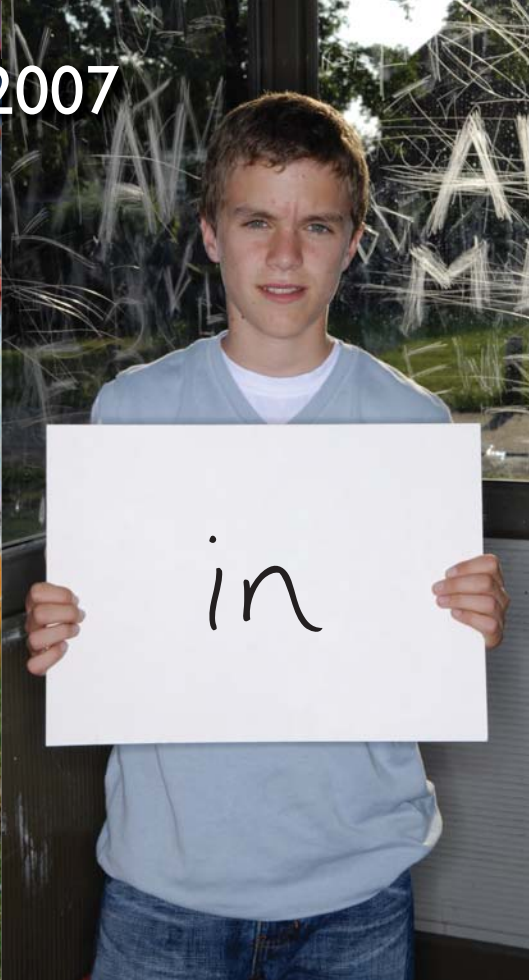


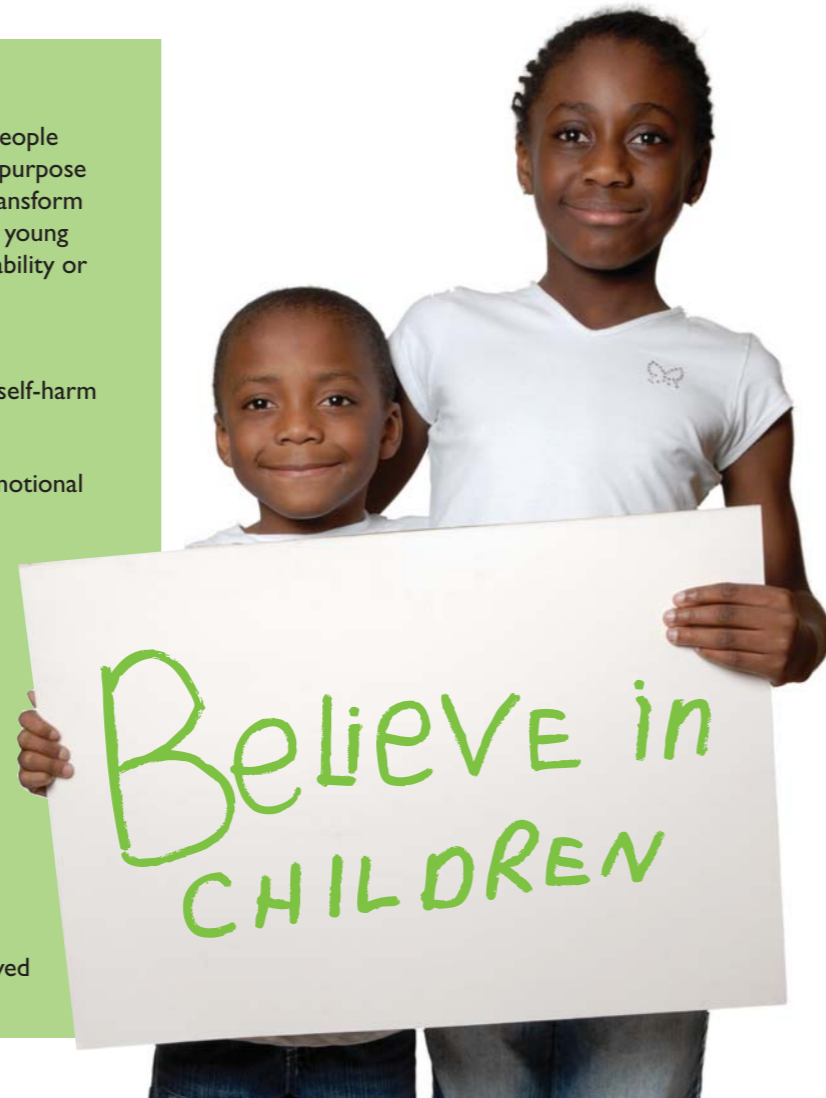
Annual Review 2007



About Barnardo's...

Barnardo's vision is that the lives of all children and young people should be free from poverty, abuse and discrimination. Our purpose is to help the most vulnerable children and young people transform their lives and fulfil their potential. We support children and young people – regardless of their circumstances, gender, race, disability or behaviour – with projects and services such as:

- Family centres and play schemes for children in poverty
- Counselling for children who have been abused and who self-harm
- Help for young people who are being sexually exploited
- Day and residential schools for those with behavioural, emotional and social difficulties
- Support for young carers
- Fostering and adoption services
- Care and community projects for disabled children
- Vocational training for young people
- Practical help for young people leaving care
- Befrienders for women and children who have suffered from domestic violence
- Parenting courses
- Supported housing for young, single homeless people
- Work with young offenders and children who have displayed sexually harmful behaviour.



Welcome from Martin Narey

Last year was my first full year as Chief Executive of Barnardo's, having taken over from Sir Roger Singleton at the beginning of 2006. When I arrived at Barnardo's I was given time by the Board of Trustees to take a long look at our future and consider how we could build on the significant successes of recent years. The main output of that long hard look – which included speaking to about 10 per cent of our staff – is the new Business Plan for the three years starting in April 2007 (see pages 16 and 17 for details).

I am very confident that if we achieve everything we promise in that plan – and we will – Barnardo's will be recognised as a uniquely influential and effective children's charity, and will also be universally respected.

In 2007 we began to make important progress towards that challenging goal. We had some very significant successes

in influencing Government this year; not least in regards to policies for children in care (see page 9). We played a major role in persuading the Government that the well-intentioned plans it had for disclosing the addresses of child sex offenders might put children in more, not less, danger. We have also played a very prominent role in highlighting the dire reality of child poverty in the UK (see page 10) and have brought significant pressure to bear on all three political parties to commit to its eradication. It is simply indefensible for the fifth richest country in the world to have 3.8 million children being brought up in poverty.

There is more to be done to demonstrate that our work with children and young people is as effective as can be and that we work with as many children as possible. So last year we laid the foundations for a growth strategy which

over the next three years should see us grow by almost a fifth. In doing so we shall be helping and supporting more children and more families than ever before. At the same time we are ensuring that every one of our 394 services is focused on achieving as much as possible in improving the lives of disadvantaged children.

Why do we do all this? Because we believe in children. Our new strapline, warmly welcomed by staff, volunteers and supporters when we unveiled it earlier this year, captures what is special about Barnardo's and is why I am so proud to lead this charity.

Martin Narey

Martin Narey
Chief Executive,
Barnardo's



Something to believe in

Believe in Children became the key message of 2007, after Barnardo's launched its bold new brand identity

Barnardo's heralded the start of an exciting new era during June 2007, when we unveiled our Believe in Children brand identity. Developed in an ambitious effort to revitalise our image and improve the public's understanding of our work, Believe in Children offers a positive and uplifting

expression of Barnardo's determination to help all children and young people overcome their difficulties and fulfil their potential.

The Believe in Children strapline was officially unveiled on 26 June, as part of a comprehensive campaign. Encompassing

widespread media coverage and print, billboard, radio and cinema advertising, this campaign was driven by a series of striking posters and a 71-second film, *Boy's Story*. Both the posters and *Boy's Story* focused on Barnardo's conviction that with the right support, even the most troubled youth can turn their life around. The cost of the rebrand was within our annual advertising budget.

The launch of Barnardo's new brand identity was



Brenda Blethyn was just one of the high-profile supporters of our Believe in Children launch

accompanied by the release of an NOP poll, which showed that many adults dismiss children with difficulties as being worthless. The poll found that one in four adults think that children who are disruptive or antisocial are beyond long-term help by the time they are just 13. Clearly, the NOP poll's finding supported Barnardo's assertion that much of the general public needs to start believing in children once again.

Equipped with the new Believe in Children strapline and a firm focus for our future projects, Barnardo's is now set to build on the success of its new brand.



Faith, hope and charity

The Believe in Children rebrand was an instant success, generating the following achievements in its first six weeks alone:

- The number of Direct Debit sign-ups increased by nearly **300 per cent** compared with the same period of the previous year (26 June to 15 July).
- Spontaneous awareness of the Barnardo's brand rose to **21 per cent**.
- Over **14,500** people gave the 'I believe in children' pledge online and to face-to-face fundraisers.
- The Believe microsite received **16,935** visitors.
- Visits to the Barnardo's website rose by **19 per cent** on the preceding period (to 59,455 visitors).
- Believe coverage on the *Guardian* website received **4,103,222** visits and generated 887 viewings of *Boy's Story*.

Melinda Messenger was among the celebrity supporters of Barnardo's Big Toddle in 2007



The biggest Toddle

Barnardo's Big Toddle generated record numbers in 2007

Toddlers in England, Scotland, Wales and Northern Ireland became hot-footed heroes during 2007, by participating in the largest Barnardo's Big Toddle to date. Supported by Lloyds TSB, the 2007 Big Toddle attracted 60 per cent more registrations than the previous year,

with 400,000 under-fives signing-up to be sponsored for toddling half-a-mile.

The Big Toddle is the UK's biggest pre-school fundraising event. Figures for the 2007 Big Toddle are still being finalised, but the total is set to be in the region of £1.65 million – £500,000 more than 2006.

Taking chances

Rotary Clubs raised vital funds for Barnardo's in 2007

From collecting cash at Tesco's stores to giving one lucky foster family's garden a makeover, members of Rotary Clubs across the UK gallantly rallied for Barnardo's in 2007, as part of their Chances for Children appeal. Rotarians raised over £140,000 for Barnardo's with a year full of activities, after the charity was selected as a preferred benefactor by Rotary District Governors for their year in office 2006/7.

To encourage Rotary Clubs to become involved with local Barnardo's work, districts were invited to support Barnardo's projects and shops in their region. Rotarians' awareness of Barnardo's work with families living in poverty was also raised by journalist Andrew Neil's presentation on the subject at the National Rotary Conference.



Actor Colin Salmon visited London's Ragged School Museum to launch Rotary International's year of fundraising for Barnardo's



Lloyds TSB banks on Barnardo's!

Barnardo's was named Lloyds TSB Group's 2007 charity of the year

Staff of Lloyds TSB Group voted Barnardo's as its charity of the year for 2007 and committed themselves to raising over £1 million for our community-based education and training projects. By supporting Barnardo's, Lloyds TSB would help secure the futures of over 2,000 vulnerable young people. Fundraising initiatives included in-branch foreign coin collection, dress-down days and fun runs.

Super troopers

Barnardo's Helper Groups raised record revenue in 2007

The fundraising efforts of Barnardo's volunteers had triumphant results during the 2006-07 financial year, when Barnardo's Helper Groups (BHGs) raised an impressive £804,000 for our vital childcare work – topping their target by £123,000. High-achieving BHGs included the Firecracker committee in Yorkshire, which ran its popular society event in 2006 and raised £150,000.

Some of the BHGs have been running for 40 years or more, while new groups

are being formed each year. Popular activities of the BHGs include coffee mornings, star-studded galas and concerts.

'These supporters are Barnardo's unsung heroes,' says Director of Fundraising, Steve O'Connor. 'They give up their time to arrange a vast array of fundraising activities, which range from the traditional to the downright bizarre!'



The Firecracker Ball

Green machine

Barnardo's successfully developed its environmental credentials during 2007. In addition to pursuing such policies as recycling and environmental waste management in our offices and shops, we continued to move towards using low-

emission fleet vehicles with eco-friendly engines and installed further energy- and water-saving devices. Our disposal of electrical equipment also adhered to Waste Electrical and Electronic Equipment (WEEE) Regulations. Many of Barnardo's environmental policies were shaped by an audit given by the Carbon Trust in 2006.

Shop till you drop!

Barnardo's new flagship London store continued to draw crowds of fashion followers, memorabilia collectors and bargain-hunters during 2007. Based in George Street, Marylebone, the Central London Barnardo's shop stocks both celebrity and designer items. Jonathan Ross, Dame Helen Mirren, Kate Winslet and Dame Shirley Bassey are among the generous celebrities who have donated clothes to the store, which opened in November 2006.

Straight to the top

February 2007 proved to be unforgettable for members of the Sixth Sense group, based at Barnardo's Disabled Children and Young People's Participation Project in Armagh. The month saw Sixth Sense being invited to work with the United Nations Committee on the Rights of the Child (UNCRC), to shape the way the Government invests in participation for disabled young people and their siblings.

Play safe

January 2007 brought the launch of a new support group for severely bullied children, run by Barnardo's and the Norwich-based charity Red Balloon. Aimed at students aged from 11 to 16, the Norfolk-based group was formed to provide a safe environment in which out-of-school, bullied children could gain new skills, make new friends and improve their self-esteem.

Trip of a lifetime

Two pupils from Barnardo's High Close School in Wokingham visited Goa during the summer of 2007. There they learned about life in the slums and experienced first-hand the support work of El Shaddai, a charity that High Close has forged close ties to. 'I had a fantastic trip,' says Lesley Collard, who visited Goa with fellow Year 11 pupil Fenton Bayliss. 'Seeing the kids so happy even though they have so little made me think. From my week away I learned to try and be happy and enjoy life.'

Farewell and thanks to President Cherie

2007 marked the end of Cherie Booth's memorable tenure as President of Barnardo's

After six years, Cherie Booth QC stepped down as President of Barnardo's in October 2007. Cherie began her tenure by visiting a Barnardo's project in Berkshire and went on to carry out some 50 public engagements – nearly one a month – for the charity.

'Cherie Booth has been an outstanding President of Barnardo's,' says Chief Executive Martin Narey. 'She visited many of our services, touching the hearts of many children and inspiring staff.'



Photograph by kind permission of Mario Testino



Introducing our new President...

HRH The Duchess of Cornwall is to succeed Cherie Booth as President of Barnardo's. 'We are simply delighted that Her Royal Highness has agreed to become President of Barnardo's,' says Chief Executive Martin Narey. 'Her support is going to be invaluable and will help us continue to champion the cause of disadvantaged children.'

Pressure points

A number of Barnardo's campaigns resulted in practical political progress during 2007...

Failed by the system

The Government responded to Barnardo's *Failed by the system* report in June 2007, by incorporating one of our proposals into a White Paper. *Care matters: Time for change* included our recommendation that the provision of teachers who support children in care should be made a legal requirement on schools. Four working groups were established by the Government to contribute to the preparation of *Care matters*. Barnardo's was invited to chair one group and was a member of a second.

A risk too high

Many of the recommendations of the October 2006 Barnardo's report *A risk too high* were taken forward by the Home Office in June 2007, as part of its Review of the protection of children from sex offenders. Our calls to strengthen Multi-Agency Public Protection Arrangements and review the use of satellite tracking

were incorporated into the Review.

We also influenced the Home Office to introduce mandatory polygraph testing for adult sex offenders through the Offender Management Bill.

Don't push me around

Following its presentation to 10 Downing Street, a number of recommendations in the Barnardo's and Whizz-Kidz report *Don't push me around* were taken up by the Government in May 2007, with the Comprehensive Spending Review (CSR) *Aiming high for disabled children: Better support for families*. The community equipment and wheelchair review will address the issues we raised and there will be new resources to improve equipment for disabled children.

Safeguarding children

May 2007 saw then-Prime Minister Tony Blair meeting Barnardo's in Downing Street,

to discuss our work with children living in difficult circumstances. Mr Blair discussed with us what the Government could do to help asylum-seeking children who are living with the effects of HIV.



Poor no more!

A new campaign established Barnardo's as a leading figure in the child poverty field

The Government is failing to meet its pledge to halve child poverty by 2010 and eradicate it by 2020. To keep its promises, the Government should invest £3.8 billion into halving child poverty, establish a UK commission focused on ending child poverty and specifically tackle the issue with new policies.

This was the message behind Barnardo's work with End Child Poverty (ECP),

a coalition of organisations committed to helping the millions of UK children who are currently growing up in poverty. Barnardo's Chief Executive, Martin Narey, served as ECP's Chairman in 2007.

Barnardo's anti-poverty campaign began in May 2007 with the release of a hard-hitting report entitled *It doesn't happen here: the reality of child poverty in the UK*. Combining real-life stories of families aided

by Barnardo's with economic modelling provided by the Institute of Fiscal Studies, *It doesn't happen here* explained how Government policies aimed at helping children out of poverty were failing many families. Further interest in the campaign was generated by a

YouGov poll, which found that the majority of UK adults want more action to end child poverty, but are sceptical about whether the Government will do anything.

Barnardo's anti-poverty campaign sparked widespread political action, with English and Welsh MPs and Scottish MSPs all publicly responding to issues raised. MPs from all parties met with us to discuss the campaign, while Wales' First Minister, Rhodri Morgan, and the Minister for Children, Jane Hutt, referred to *It doesn't happen here* in radio interviews. Scottish Minister for Communities Robin Harper MSP also made a Scottish Parliament motion that was inspired by the campaign.

The closing part of 2007 will see us continuing to press our recommendations with Treasury officials, as part of our ongoing dialogue. A high-profile exhibition of poverty-related artwork is also planned for December 2007.



Leah's story

Living in poverty

Leah is a lone parent with one daughter, 14-month-old Emily. Leah has fought hard to overcome drug addiction and would like to work, but struggles with a small child and low self-esteem. She currently lives on benefits and is below the poverty line. 'We only have basic living,' Leah explains. 'I can't afford to do anything else.'

Leah and Emily attend Barnardo's Priory Family Centre in Barnsley, England. This enables Emily to mix with other children in the nursery and gives Leah an opportunity to spend time with other parents, contemplate possible solutions to her problems and develop her self-confidence through new activities.

'Priory is the only place around where I can be like other mums,' Leah says. 'We don't have to pay to come here.'

Barnardo's anti-poverty campaign aims to help people like Leah and Emily by encouraging the Government to meet its pledges to halve child poverty by 2010 and eradicate it by 2020.



Achieving our objectives

In our 2006 Annual Review, Barnardo's set nine specific objectives that would improve and enhance our work with children. Here we review our progress...

'Increase the number of children and young people worked with from 110,000 in 2005/06.'

Barnardo's services increased the number of children and young people we worked with to more than 115,000 in 2006/07 – an increase of more than three per cent from the 110,000 in 2005/06.



27 per cent of all new work having opened in deprived areas, meeting the target.

'Increase the number of projects available to children and young people across England.'

There were 394 Barnardo's services open towards the end of 2007. This is a net increase of 12 services. 22 services opened and 10 closed during the year.



use of technology to increase service access

'Provide more projects which are available in the evenings and at weekends.'

A survey of opening hours across all services was conducted and the

was highlighted. Work to improve evening/ weekend service accessibility is ongoing; some services have extended opening hours, but others face resource constraints.



'Generate a further £1.5 million contribution to overheads from funders.'

In excess of £1.5m was obtained as a contribution towards

organisational overheads.

'Produce a revenue surplus of £712,000.'

Although all other fundraising achieved targets, an unanticipated fall in legacy income resulted in a deficit of £2.1 million.



'Obtain net voluntary income of £34.6 million.'

Net voluntary funds of £31.0 million were generated.



'Demonstrate the impact Barnardo's projects are making on children's lives by producing a report on the outcomes in all projects.'

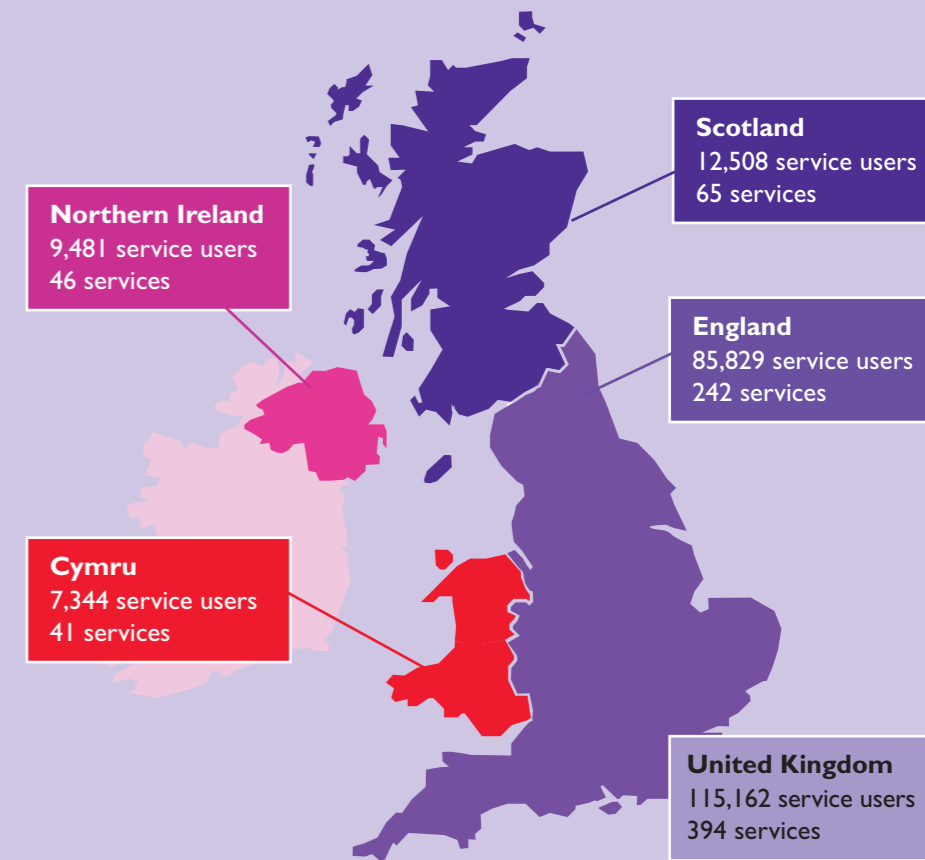
A report was delivered by our Policy and Research Unit to Barnardo's Council in January 2007, which indicated 85 per cent of children's services had outcomes in place.

'Enhance Barnardo's ability to influence the public agenda on children's issues through increasing awareness of the organisation by the media, the public and legislators.'

Barnardo's achieved approximately 9,000 positive media mentions in 2006/07. An advertising campaign produced an increase in the percentage of those questioned who considered Barnardo's deserving of support. Overall, legislators across the UK reported that Barnardo's was considered to be an effective and influential charity.



Barnardo's work across the UK

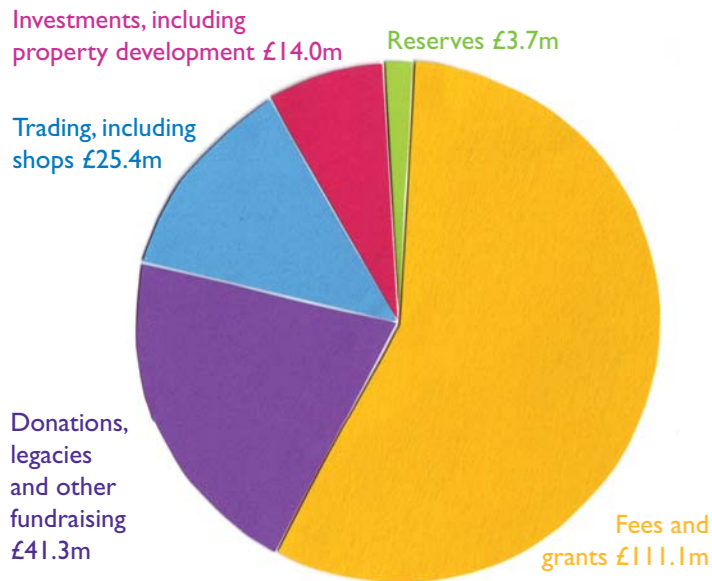


Service user figures include all the children, young people and families we work with.

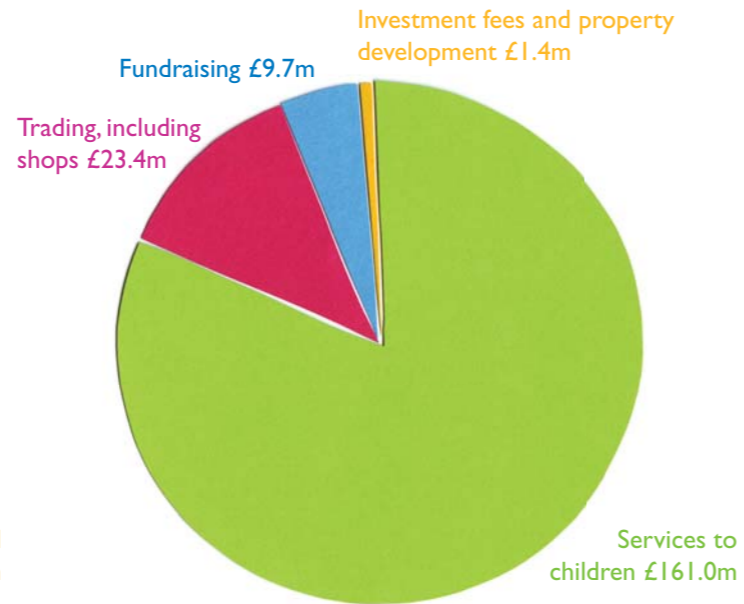
Money matters

The support of our statutory partners is helping us reach more of the most vulnerable children, but donations continue to play a vital role in funding Barnardo's projects. This income gives us the independence to meet needs which are unrecognised by statutory bodies.

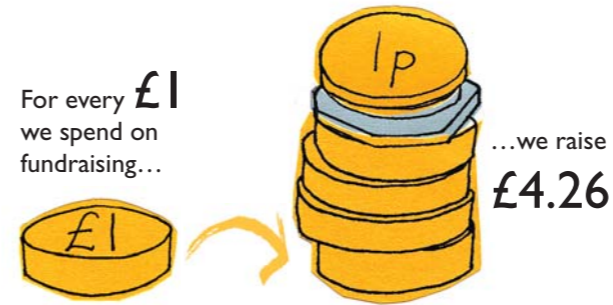
Total income £195.5m



Total expenditure £195.5m



Voluntary donations

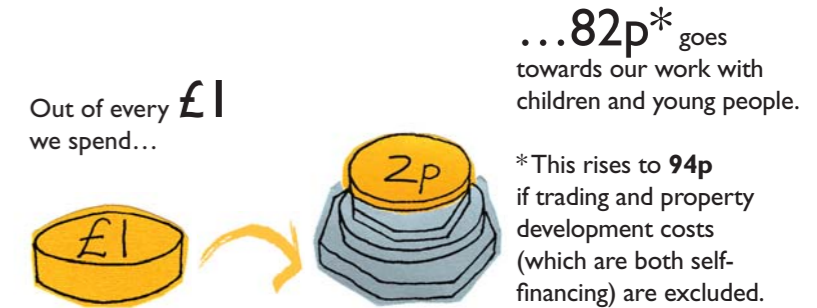


Income and fundraising

Our total gross income was £195.5 million. Our income sources were grant and fee income from local and central government, plus voluntary donations from fundraising and income from shops, trading, property and investment sources. In addition, £3.7 million was drawn from reserves.

Fundraising is always a challenge in a competitive and unpredictable UK environment. Our income unexpectedly fell by £3.8 million due to a drop in legacy gifts, although most other fundraising activities had a good year, particularly

Total expenditure



shops and trading. Almost halfway through 2007/08, it is good to note legacy income is recovering.

Expenditure and costs

Total expenditure was £195.5 million, of which £161.0 million funded our work with children and £1.4 million was spent on investment fees and property. The

remainder was spent on the costs of raising voluntary income from public donations and shops and trading activities. We are pleased that our fundraising ratios represent a small proportion of total costs.

About this information

The summary financial information contained on pages 14 and 15 has been extracted from the statutory *Annual Report and Accounts* for the year ended 31 March 2007, on which an unqualified audit opinion has been issued. Copies can be obtained from Barnardo's Head Office or by accessing our website at www.barnardos.org.uk.

Our reserves policy

Unrestricted free reserves of £53.6 million represent a little over three months' annual expenditure.

The road ahead

Barnardo's new business plan will ensure a bright future for both the charity and the UK's most vulnerable children

In March 2007, Barnardo's unveiled an ambitious three-year business plan that will drive the future of both the charity and our vital work. Designed to enhance Barnardo's reputation and influence as a performance-driven charity and increase the efficiency of our work with children, young people and families, the plan encompasses six overall strategic objectives...

1 Moving from good to great: making our work with children and young people more effective

We will improve our children's services to make our work more cost-effective and enable growth. We will also use our voluntary income more strategically.



2 Making our influencing work more effective

We will improve the extent to which our influencing work leads to better outcomes for the UK's children – with the aim of achieving at least 15 changes to legislation or government policy across the four nations' jurisdictions between 2007 and 2010.

3 Revitalising Barnardo's brand, image and advertising

We will revitalise our image and develop both our public profile and the public's understanding of our present-day purpose and activities.

4 Adopting refreshed strategies for participation and volunteering

We will devise a strategy to increase the number of registered volunteers

across all regions/nations and ensure appropriate participation of children, young people and their families in our planning and influencing.

5 Improving the effectiveness and value of support functions at Barkingside and in the regions and nations

We will reduce our overhead costs as we strive to deliver support services more efficiently and will also establish a range of new business enterprises to maximise income.

6 Increasing the net return from fundraising and meeting the challenge of the fall in legacy income

We will put fundraising at the centre of our activity, to ensure we significantly increase our non-legacy revenue.

2008 objectives

In keeping with our three-year business plan, Barnardo's has identified seven key objectives for 2008...

- All services and regions/nations to have business plans in place by 31 March 2008.
- Achieve a six per cent growth in statutory income during 2007/08.
- Increase the number of volunteers by five per cent from 2006/07.
- Generate a net voluntary income of £34.5 million in 2007/08.
- Ensure that by the end of 2007/08, at least 80 per cent of services will demonstrate evidence of children and young people's involvement in at least one influencing or corporate activity.
- Reduce overhead costs by £1 million a year with effect from April 2008.
- Focus influencing activities on child poverty, children in care, education and mental health services for children.



Peter's story

Changing young offenders' lives

The only thing that separates Peter from other 15-year-old boys is his past – he has been back and forth to court as a result of a serious offence, experienced secure young offenders' accommodation and even spent a few weeks in prison. Fortunately, Peter's time at Barnardo's Freagarrach Project in Scotland has allowed him to put the past behind him.

'After being at the service for a while, it made me realise what would happen to me if I carried on offending,' Peter explains. 'They made me do work – they made me draw cartoons about my life and my offending, and think about how it makes other people feel when I offend.'

'If it wasn't for the service my future would be in prison.'

Barnardo's runs 13 projects that divert persistent young offenders from care or custody. All of these projects are different, but each believes that every young person deserves the best start in life, no matter who they are, what they have done or what they have been through.



Michael's story

Supporting young carers

Five-year-old Michael is one of the UK's estimated 175,000 young carers. Michael cares for his mother, Janine, who was struck down with a degenerative disease and suddenly went from being a fit and active person to being disabled. He helps his mum wash herself and go to the bathroom, folds her wheelchair to fit into a taxi and checks that she has taken her medication.

Michael attends the Carmarthenshire Young Carers project, in Wales. There he himself receives support and has time to be a child. 'Barnardo's has done a wonderful job for us,' says Janine. 'Seeing Michael's face light up when someone from Barnardo's walks through the door is wonderful. He knows he is going to have fun.'

Barnardo's currently runs 15 projects in the UK that help young carers and keep families together. These provide emotional and practical support, as well as offer social and recreational opportunities. We also continued to highlight the plight of young carers throughout 2007, following our release of the high-profile report *Hidden Lives*. Published in November 2006, *Hidden Lives* found that many young carers were effectively being left to cope alone.



Who's who in Barnardo's

Patron

Her Majesty The Queen

President

Cherie Booth QC

Vice Presidents

Dr David Barnardo
 Mr John Bartle, CBE
 Ms Floella Benjamin, OBE
 Mrs Susan Bernerd, MBE
 Rt Rev Christopher Budd
 Rev Joel Edwards
 Rev David Gamble
 Mr Peter Hardy
 Ms Rosemary Jones
 Mr Raj Loomba
 Lady Mackay of Clashfern
 Sir Clive Martin, OBE, TD
 Baroness Julia Neuberger
 Mr Bruce Oldfield, OBE
 Sir Cliff Richard
 Judge Mota Singh
 Mr Philip Taylor
 Mr Leslie Thomas

Dame Gillian Wagner, DBE
 Dr Rowan Williams

Members of Council (Year of first appointment)

Dr D E Barnardo
 (retired October 2006)
 Mr G G F Barnett, OBE (2001)
 – Chair of Council
 Ms R E Bayley (2005)
 Baroness Blood (2002)
 Ms J Clements (2006)
 Mrs J Cromack (2003)
 Mr W Fletcher (2000)
 Mrs A Hodgson (2003)
 Mr R E Jones (1999)
 Ms H A Keenlyside (2001)
 Mr I Marshall (2005)
 – Honorary Treasurer
 Mrs S Mawer (2005)
 Miss R E Owen (2003)
 Mrs K Pawson (2005)
 Mr C G Sheppard (2003)
 Mr J M Shera
 (retired October 2006)

Ms G M Stewart (2003)
 – Deputy Chair of Council
 The Lady Stewartby
 (resigned October 2006)
 Mr D M Tolson (2005)
 Mrs E A Watkins (2001)

Chief Executive

Martin Narey

UK Director of Operations

Dr Chris Harvey

UK Director of Marketing and Communications

Andrew Nebel

UK Director of Corporate Resources

Ian Theodoreson

UK Director of Policy and Research

Julian Walker

Company Secretary

Joanna Lawson

How to contact us

Registered office
 Tanners Lane, Barkingside,
 Ilford, Essex IG6 1QG
 Tel: 020 8550 8822

London, East and South East
 Tel: 020 8551 0011

Midlands
 Tel: 0121 550 5271

North East
 Tel: 0191 240 4800

North West
 Tel: 0151 488 1100

Northern Ireland
 Tel: 028 9067 2366

Scotland
 Tel: 0131 334 9893

South West
 Tel: 0117 937 5500

Wales
 Tel: 029 2049 3387

Yorkshire
 Tel: 0113 393 3200

Thank you

We would like to thank all our supporters for their generous donations. Without this vital financial support, we would not be able to run our projects for the UK's most vulnerable children and young people...

Companies

The following companies have given more than £100,000 over the year:

NEXT plc

Rotary International

The Royal Bank of Scotland

SEGRO (formerly known as Slough Estates International)

Soccer AM

The following companies have given more than £10,000 over the year:

ABN AMRO

Aldi Stores Ltd

ARG Ltd

22

Barclays

Carphone Warehouse

Clinton Cards

Execution

Field Fisher Waterhouse LLP

Goldman Sachs

Hallmark Cards

Manchester Institute of

Chartered Surveyors

Merseyside Young Professionals

Mitchells & Butlers

Papa John's (UK) Ltd

Rio Tinto

ShareGift

SPIFOX

SPIFOX Too

Taylor Woodrow

Totally Phat

Uncle Ben's

Trusts

Alice Ellen Cooper Dean

Charitable Trust

AMW Charitable Trust

Bernard Sunley Charitable

Foundation

Big Lottery Fund

City Bridge Trust

Comic Relief

Constance Green Foundation

Ellerdale Trust

Essex Youth Trust

Francis C Scott Charitable Trust

Gannochy Trust

Garfield Weston Foundation

Henry Smith Charity

Jack Petchey Foundation

John James Bristol Foundation

Langdale Trust

Lloyds TSB Foundation for

England and Wales

Marsh Christian Trust

May and Stanley Smith

Charitable Trust

Northern Rock Foundation

Ofenheim Charitable Trust

Peacock Charitable Trust

Rayne Foundation

Robertson Trust

Scottish Power Energy People

Trust Fund

Trust for Education

Zochonis Charitable Trust

Editor & Publishing Manager: David Bassom Designer: Belinda Orton Contributing Editors: Alison Blaxland, Diane Cairn, Diane Church, Suzanne Westbury
Photography: Paul Carr, Stephen Pover. Thank you to everyone featured. Some case study names have been changed and some images have been posed by models.



Ingrid's story Coping after a life in care

Ingrid was taken into care when she was 12. Four years later, she moved into supported accommodation provided by Barnardo's Belfast Leaving Care project in Northern Ireland.

'They helped me to move on gradually,' Ingrid explains. 'It takes time to learn essential things for living on your own.'

'I wouldn't be here if it wasn't for Barnardo's,' she notes. 'I've learnt so much. For people that come from care, Barnardo's is like a normal family: they help, advise and support you and know you have to make mistakes, and keep on supporting you until you get there.'

Barnardo's runs 14 leaving care support services across the UK. These provide accommodation, help with education, training and employment, tenancy support and practical life skills. We spend £800,000 every year on our care support services - and Ingrid's story shows how worthwhile this investment is proving to be.

Show you believe in children by supporting Barnardo's work...

- Make a donation. You can make a one-off or regular donation online via our website, by phone or by post.
- Volunteer in our shops, our offices or work directly with children.
- Get your company involved in fundraising events, volunteering, making donations or payroll giving.
- Leave a legacy. A gift left in your Will helps Barnardo's plan its future services.
- Support our shops by donating your unwanted goods.
- Apply for a Barnardo's credit card.
- Take part in an overseas challenge and contribute to Barnardo's work, while having the experience of a lifetime.
- Give a Barnardo's 'gift with a difference' for a birthday, wedding or anniversary present.
- Join a fundraising group.



Head Office

Tanners Lane, Barkingside, Ilford,
Essex IG6 1QG. Tel: 020 8550 8822.

Northern Ireland

542/544 Upper Newtownards Road,
Belfast BT4 3HE. Tel: 028 9067 2366.

Scotland

235 Corstorphine Road,
Edinburgh EH12 7AR. Tel: 0131 334 9893.

Cymru/Wales

Trident Court, East Moors Road,
Cardiff CF24 5TD. Tel: 029 2049 3387.

To find out more about how you can support Barnardo's work, visit our website at www.barnardos.org.uk or call **08457 697 967**



Barnardo's

Barnardo's adheres to the Fundraising Promise and Fundraising Standards Board guidelines.

Barnardo's Registered Charity Nos. 216250 and SC037605. Registered Company No. 61625 9304/BO/07