

# 2016 Virgin Money London Marathon Cheerers' Guide

**Date:**  
**Sunday 24<sup>th</sup> April 2016**

The London Marathon is one of the UK's **biggest** sporting events, and you will be amongst thousands of fellow cheerers lining the marathon route!

Barnardo's cheerers are very important on the big day because you make **all** the difference – by creating a great atmosphere and **making lots of noise**, you will keep our fantastic runners going - runners who have trained for *months* for this day, and raised a whopping £250,000 for our work across the UK.



This year we have **2** cheering stations along the route, all kitted out with balloons, banners, cheer sticks and t-shirts, for you to cheer and support #TeamBarnardos as they pass

**Believe in  
children**  
 Barnardo's

## Travel Arrangements:

Visit the Transport for London website at [www.tfl.gov.uk](http://www.tfl.gov.uk) to plan your journey, view tube maps and check any planned station closures-remember it's a Sunday and it will be very busy as thousands descend upon the Capital for this exciting event.

You will not be able to drive in central London on the day of the marathon as many roads will be closed. Please visit

[www.viginmonyondonmarathon.com/roadclosures](http://www.viginmonyondonmarathon.com/roadclosures) to find out which roads will be affected.

More information about travelling in London on the day can be found on the [Virgin Money London Marathon website](http://www.viginmonyondonmarathon.com)

## What to wear and bring on the day

- Green Barnardo's T-shirt provided at the cheering stations (*please return before leaving - thanks*)
- Waterproof coat or jacket and layers (*we can't control the weather but the race must go on!*)
- Camera to capture the atmosphere
- Small bag or backpack to keep your valuables safe as Barnardo's cannot be responsible for your possessions
- Comfortable shoes – as you will be on your feet most of the day.
- Any extra snacks and drinks for a sugar hit if needed

## Your Cheer Station

### **Location:**

Mile 24.5 - Embankment

By Temple Station in front of Walkabout bar and Temple Pier on the river.

### **How to get there:**

District or Circle line tube to Temple or Embankment underground stations. Look out for the two green and white balloon clusters on the river side of the road by Temple Pier.

**Times: 11.00am to 4:00pm**

### **Contact Details**

#### **Before Marathon day:**

Contact: Rachel Jackson  
[LMTeam@barnardos.org.uk](mailto:LMTeam@barnardos.org.uk)  
0208 498 7091

#### **On the day:**

Team Leader: Natalie Shingler  
07779 092423

**We hope you enjoy the day!**

Many Thanks  
From the  
Barnardo's Events Team  
[barnardos.org.uk/challengeevents](http://barnardos.org.uk/challengeevents)

## Map to Cheer Station 2

Embankment, in front of Walkabout bar and Temple Pier

### A. Temple Pier

