



**Our work today.
Our vision for tomorrow.**

**Believe in
children**



**Barnardo's
Scotland**

www.barnardos.org.uk

Barnardo's Registered Charity Nos.
216250 and SC037605 17224ar15



‘We are proud that our services are firmly embedded in their local communities, united by a common focus; improving outcomes for the most vulnerable children and young people in Scotland.’

Martin Crewe
Director, Barnardo’s Scotland

Director’s Welcome

The legacy of our founder, Thomas Barnardo, remains important to us to this day. It lives on through our values and vision – that all of Scotland’s children and young people are able to grow up free from poverty, abuse and discrimination. Today, Barnardo’s Scotland is a large and diverse organisation, but we remain focused on helping those children who are most vulnerable, supporting them to realise their full potential.

We are proud to be a national organisation. It means we are able to provide a considerable range of services across Scotland funded by local authorities, foundations, trusts, and the donations of the public. It also means we are able to influence national policy for the benefit of vulnerable young people.

Equally we are proud that our services are firmly embedded in their local communities, united by a common focus; improving outcomes for the most vulnerable children and young people in Scotland.

This booklet is not a comprehensive account of all of our work in Scotland. It is designed to provide you with an insight into the breadth of work we do, an overview of some of the services we are particularly proud of and a sense of the values and culture that Barnardo’s Scotland represents.

Martin Crewe
Director, Barnardo’s Scotland

Why Work With Barnardo's Scotland?

Our Track Record We are the largest children's charity in Scotland, delivering a diverse range of services to over 26,500 children and young people every year through our skilled and expert staff team.

Our Range of Services We deliver over 120 community-based services in Scotland aimed at addressing every source of disadvantage for children, young people and their families.

Our Financial Leverage We access funding from non-statutory sources such as the Big Lottery. We also invest over £3m per annum in Scotland from our shops and fundraising activities.

Our Influence We are well known and trusted among politicians, the media and the general public. In a recent survey 92% of Scots had heard of Barnardo's.

Our Partnerships We work closely with other charities (big and small), statutory partners and private businesses. We work with Local Authority colleagues across Scotland on Child Protection Committees, the Early Years Collaborative and other community planning bodies. Our partnerships enable us to develop innovative solutions, improving outcomes for children and young people.

Our Focus on Outcomes We have a well established Outcomes Framework that ensures our work with vulnerable children and young people is measurable and that we are accountable.

Our Engagement We work closely with children and families to encourage and empower them to participate fully in all decisions made about them.

Our Commitment Everything we do is focused on helping the most vulnerable children and young people in Scotland.



'Everything we do is focused on helping the most vulnerable children and young people in Scotland.'



‘Barnardo’s Scotland is an important part of our network of children’s services in Fife. Barnardo’s Scotland is able to assist families in a range of circumstances from early intervention through to more intensive support for families in need. It has been a positive relationship that has helped make a difference in outcomes for the most vulnerable children in our area.’

Dougie Dunlop
Head of Service for Children and Families
and Criminal Justice, Social Work Service
Fife Council

Early Years

Barnardo’s Scotland delivers a range of services that support vulnerable children under the age of five, and their families. In particular we deliver programmes and early interventions that support and enable parents to give their baby the best start in life.

Why our Work in the Early Years Matters

There is a compelling body of scientific evidence about the importance of the first years of life to brain development. It is also becoming clearer that what happens in the early years of a child’s life impacts on their future.

The Scottish Government recognises this and initiatives such as the Early

Years Framework and the Early Years Collaborative are supported by policies such as Getting It Right For Every Child. These require all those working with babies and children to do more to ensure they have the best start in life.

Case Study: Paisley Threads

works with approximately 200 young parents annually, enabling them to provide their babies with the best start in life. The Service uses the latest neuroscience to support an attachment approach, concentrating on the connection between baby and carer and proven to improve brain development in the early years. This is supported by our partners from Health who work alongside us to support service delivery.

The Justice System

Barnardo's Scotland is committed to delivering a range of justice related services both inside and outside of the prison estate. We deliver services that include early intervention, with a focus on children displaying anti-social behaviour in school to intensive support such as Shine Mentoring, which supports women returning to their communities and families from custody.

Why our Work in the Justice System Matters

Barnardo's Scotland believes that all children and young people matter, regardless of their circumstances.

Young people involved in the criminal justice system often have chaotic lives as a result of other factors, such as poverty or a disruptive home life. The make up of Scotland's Young Offenders Institutions includes a large proportion of young people who have experience of being in care or family members who have been involved in the justice system.

Our services work to improve the lives of these young people, helping them to overcome the barriers they face and achieve positive outcomes outside of the criminal justice system.

Case Study: Outside In service works with young men and women aged 16 to 21 in HM YOI Polmont and HMP and YOI Cornton Vale through a youthwork approach. The service enhances social skills and personal development and improves the prospects of young men and women in the community upon their release.

Case Study: Stirling and Clackmannanshire Youth Justice Service is an intensive community based project working with young

people aged 12 to 16 who are regarded as persistent offenders. Our aims are to reduce the offending behaviour of young people, to provide intensive community-based programmes and to use and develop what is known from research to help young people towards a more positive future.



‘Engaging with young people is one of the most difficult aspects of youth work, especially when the people involved have had difficult issues to deal with in their lives.’

To say I was impressed with the Outside-In youth work service is an understatement.’

George Adam MSP
Member for Paisley, West of Scotland

Child Sexual Exploitation

Barnardo's Scotland has many years of experience working with children and young people who have been sexually exploited. Our preventative work includes multi-agency support to those at risk, delivering awareness and training to school staff and award-winning participative peer education. We also work therapeutically with victims of exploitation, to provide support and to help them rebuild their lives.

Why our work on Child Sexual Exploitation Matters

Across the UK, Barnardo's has led the way, campaigning to highlight Child Sexual Exploitation (CSE), and providing services to support victims and those at risk. We recognise CSE is part of the spectrum of child sexual abuse, but it has several distinctive features which can make it difficult to respond to. Our services work to support children and young people at risk, helping them to break free of exploitative relationships.

Our **Safer Choices** service in Glasgow is part of a multi-agency partnership working with those at risk. The team also delivers training in schools across Glasgow to raise awareness of sexual exploitation. Our service in Renfrewshire is a tri-partnership working with police and Renfrewshire Council working directly with children, young people and families to reduce incidences of missing from home and care, to prevent placement breakdown and reduce the risk of children and young people becoming involved in CSE or crime related issues. This service has been expanded across West Scotland.

In Dundee our **FACE (Fighting Against Child Exploitation)** adopts a group work approach to CSE as part of a wider family support Service in Dundee. FACE works with young people aged 12 and over, and their families, where there is, or has been, a risk of sexual exploitation including as a result of running away. Our Skylight and Lighthouse services offer a range of therapeutic support to children and young people in Edinburgh and West Lothian, also working in Midlothian and the Scottish Borders.

'Barnardo's has developed CSE Practitioner Guidance which has been well received, drawing on the considerable amount of research, knowledge and experience in this particular field. It is a valuable resource and I commend it to all involved in dealing with this issue.'

Donald Urquhart, Chair of Glasgow Child Protection Committee and Chair of the West of Scotland CPC Chairs' Consortium.



Care Leavers

Work with young people who have been in Local Authority Care is one of the most important elements of Barnardo's Scotland's work. For many young people who have been looked after, the transition to adulthood and independent living can come much sooner than is the case for their peers. Many young people do not have the network of support from family and friends that can make this life event a positive experience.

Why our work with Care Leavers Matters

We believe there should be no discernible difference between the chances available to those who have experienced the care system and those who have not. Barnardo's Scotland is committed to ensuring that is the case and offers help and support to many vulnerable young people, across Scotland. We provide a number of specialist services across the country that support young people during transitions from care to independent living.

Case Study: 16+ Glasgow offers throughcare and aftercare to care leavers aged 16 to 25 who are, or have been, looked after by Glasgow City Council. We work with young people to help them prepare for independent living and support that enables young people to access training, skills and employment. We continue to offer practical and emotional support once this move has taken place.

'Despite the adversity that many young people who are looked after have experienced, they have so much to offer. With the right support, this capacity can be unlocked, and we can help these young people to achieve their potential.'

Bill Alexander
Director of Care and Learning
Highland Council



Policy and Influencing

Barnardo's Scotland believe it is possible to have a society in which all children, young people and families have their basic needs met and no longer face barriers to achieving their potential. Our Policy Team uses our collective knowledge and experience in service delivery to secure wider change in the policy environment.

Why our influencing work matters

Recent successful campaigns in Scotland include our work to secure advocacy provisions in the Children's Hearings (Scotland) Act, specific provisions to make the Social care (Self Directed Support) Act meaningful for, and accessible to, children and young people, and our campaign to secure a National Action Plan for Child Sexual Exploitation.

We led a major lobbying campaign in the Scottish Parliament that has transformed support for Scottish care leavers, including enhanced support up to the age of 26, the chance to stay in continuing care to 21 and a 30% increase in eligibility for aftercare.

Barnardo's Scotland policy team advocates on behalf of vulnerable young people by:

- Ensuring the concerns of young people we work with are raised in the policy making process
- Providing briefings to the Scottish Government and MSPs
- Providing oral and written evidence to Inquiries and Committees
- Conducting research into specific policy areas where there is a lack of knowledge

- Mobilising our supporters through public and online campaigning
- Building coalitions with other charities and external organisations.



'I have worked closely with the Barnardo's Scotland policy team over the years, and always found them to be constructive partners, passionately advocating on behalf of vulnerable children but always ready to work constructively to achieve their goals.'

Aileen Campbell MSP, the Minister for Children and Young People

Employment and Training

Barnardo's Works supports vulnerable young people to secure and sustain employment. Barnardo's Works operates flexibly across Scotland, supporting young people in both urban and rural settings and responding to changing markets to ensure that young people who need additional support are able to locate opportunities. Partnerships with employers, big and small, are critical to the success of Barnardo's Works.

Why our employment and training services matter

At least 64,000 young people in Scotland wake up every morning without a place in education, employment or training. Behind each unemployment statistic is a young person with personal and unique circumstances. Many young people are particularly vulnerable due to their experiences and will require support to overcome the barriers that stand between them and a job.



Barnardo's Works in Scotland specialises in providing support to the most vulnerable job-seekers, such as care leavers and young offenders.

Case Study: Our partnership with Scottish and Southern Energy (SSE)

Strong relationships with employers are a particularly important part of Barnardo's Works ability to secure positive outcomes for vulnerable young people.

Barnardo's Scotland has worked closely with Scottish and Southern Energy (SSE) since 2008. Our partnership provides young people with paid work opportunities, accredited and supported training and up-to-date industry knowledge. SSE benefit from talented new team members, new mentoring opportunities for their staff and stronger community links.

'Collaborating with Barnardo's Works has allowed us to put in place specific support to help care leavers in the capital find sustainable and rewarding employment. It's a crucial part of our Edinburgh Guarantee: our guarantee that all of Edinburgh's young people will find a place in education, employment or training.'

Sue Bruce
Chief Executive of
Edinburgh Council

Fostering and Adoption

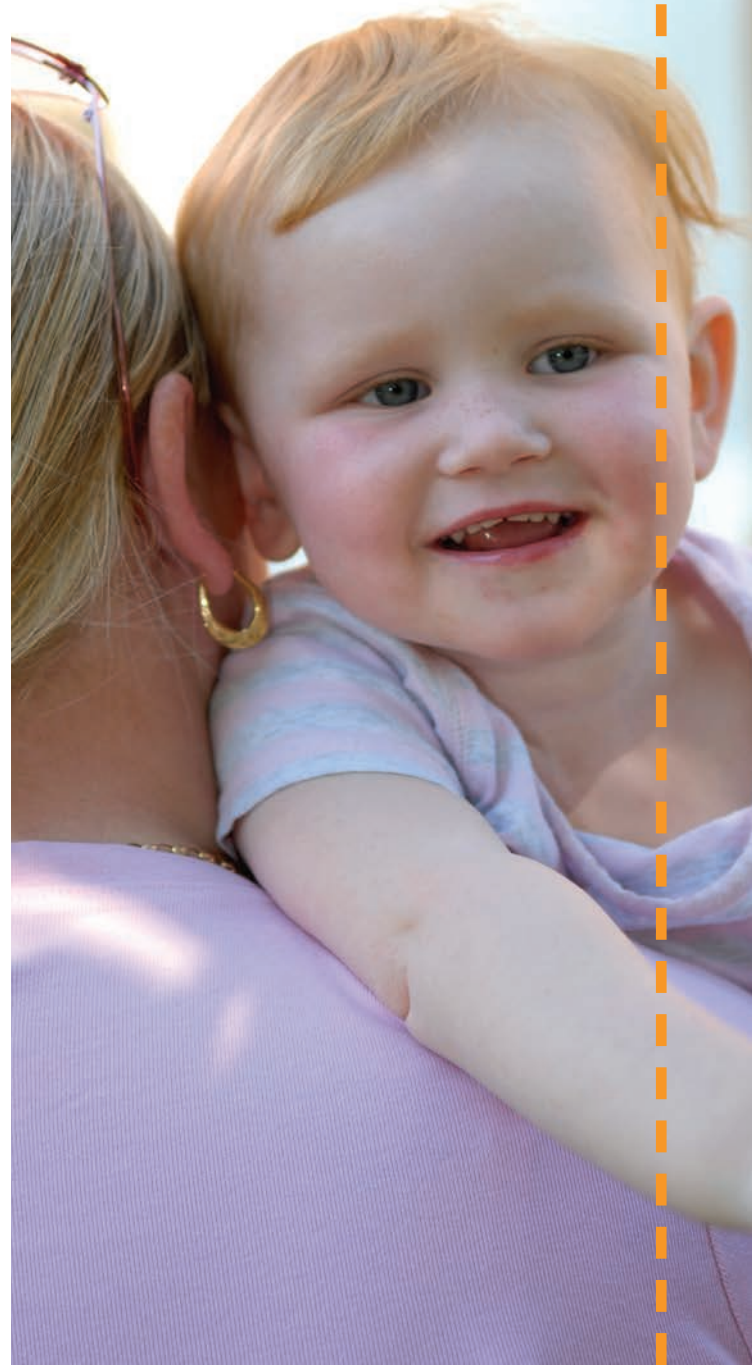
Why our fostering and adoption services matter

Our Fostering and Adoption services are available across Scotland while our specialist responsive services offer individualised packages to meet placement needs which include:

- Respite/short breaks
- Emergency and short-term placements
- Bridge fostering
- Long term and permanent placements
- Parent and child placements
- Sibling groups
- Black and minority ethnic placements
- Therapeutic placements
- Child specific recruitment
- Services for children with a disability
- Services for children with complex presentations, including challenging behaviour.

Barnardo's Scotland Fostering consistently achieves the highest Care Commission grading for fostering services in Scotland. We have demonstrated positive outcomes for children and young people including placement stability with low disruption rates.

Barnardo's Scotland Adoption agency seeks to find adoptive families primarily for single children and sibling groups aged three years of age and older. All of the children



we place for adoption are Looked After by a Local Authority with whom we work in partnership.

Barnardo's Scotland Adoption Agency provides support to families before and after children have been placed.

Other services in Scotland

Disability: Our services provide support for children and young people who have learning disabilities, physical, social and/or emotional behavioural needs. We provide residential short breaks, sitting services, activity breaks, holiday activity programmes and individual and group work programmes.

Domestic Abuse: We provide intensive support to families who are experiencing Domestic Abuse including those for whom alcohol is a factor.

Substance and Alcohol misuse: We have services across Scotland which support children and young people affected by parental substance misuse, and provide substance misuse education to school pupils.

Advocacy: We have a long history of delivering high quality independent advocacy services to children and young people on behalf of local authorities and their NHS partners. Barnardo's Scotland actively promotes issues relating to advocacy for children and young people at a national policy level.

Residential Services: We provide residential care for children and young people with a range of emotional and behavioural difficulties.

Our **Business Development Team** facilitates the development of new services and models and the replication and scaling up of existing ones.

Our Governance

Barnardo's Scottish Committee oversees the development of the children's charity and promotes and advises on all areas of its work.

The Committee comprises **Colin Maclean** (chair) and four committee members:

Jo Coomber
Joyce Goodwin
Ian Hart MBE
Julian Reeves

Our community based activity

Retail: Barnardo's has over 80 shops across Scotland.

Fundraising: Our Fundraising Team works across Scotland raising awareness and funds by engaging with local communities and businesses, and by organising events.



Find out more

Our Senior Staff team will be pleased to discuss our work with you.

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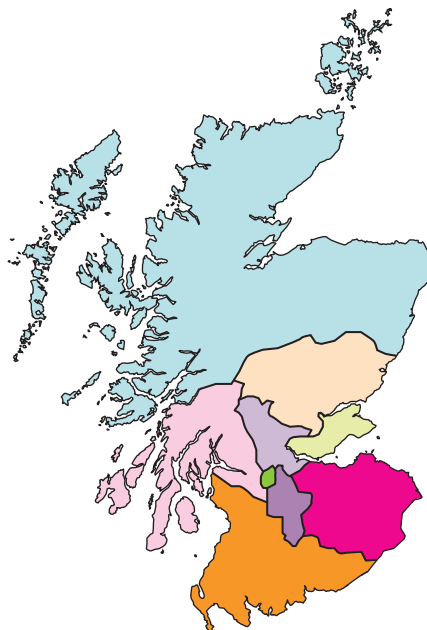
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